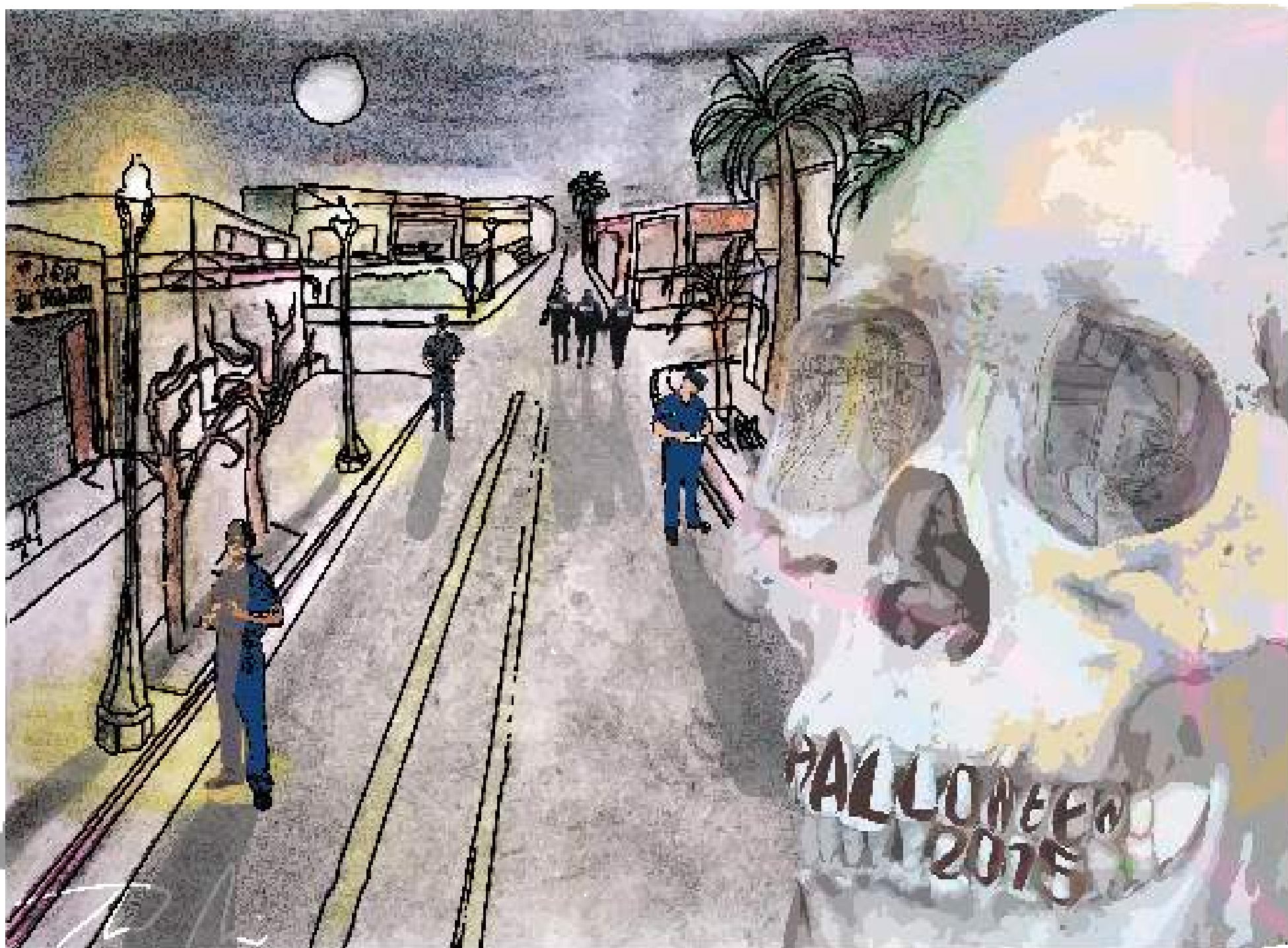


DAILY NEXUS

THURSDAY, OCTOBER 29, 2015

www.dailynexus.com

UNIVERSITY OF CALIFORNIA, SANTA BARBARA



TARUSH MOHANTI / DAILY NEXUS

THE RIVALRY HITS HOME WOMEN'S VOLLEYBALL FACE CAL POLY



FREE PINK SHIRT
TO 1ST 150 FANS

IT'S GAUCHO GAMEDAY



EVENTS THIS WEEK

W SOCCER
AT CAL STATE FULLERTON
WATCH LIVE ON ESPN3
TONIGHT | 7PM

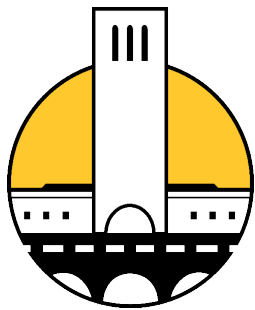
W VOLLEYBALL
VS CAL POLY
PINK GAME
THUNDERDOME
TONIGHT | 7PM

M WATER POLO
VS UC IRVINE
CAMPUS POOL
SATURDAY OCT. 31 | 12PM

UCSB STUDENTS GET INTO ALL REGULAR SEASON UCSB ATHLETIC EVENTS FREE WITH VALID STUDENT ID

DAILY NEXUS CALENDAR

UNIVERSITY OF CALIFORNIA, SANTA BARBARA



Jeff Daniels displaying his versatile talent in an up-close musical performance with the Ben Daniels Band

Nov. 3, at 8:00 p.m.
at The New Vic,
33 W. Victoria St.

Jeff Daniels is best known for his award-winning career on screen, but he has found solace in his guitar for decades. Daniels spent the past 12 years playing across the country, sharing the stage with the likes of Lyle Lovett and John Hiatt and delighting audiences with his approachable style and mastery of his craft. Daniels has been compared to John Prine for his humor, sensitivity and ability to spin a yarn from life experiences. The Ben Daniels Band joins him on tour.

As a musician, Jeff Daniels has played in notable venues across the country, shared the stage with lauded musicians and studied with Stefan Grossman. In 2012 the Martin Guitar Company began selling an OM Jeff Daniels Custom Artist Edition Guitar.



IV LIVE presents
IMPROVABILITY'S
SPOOKY SCARY SHOW

UCSB's award-winning
improv troupe
Friday, October 16 at 8pm
Embarcadero Hall, Isla Vista
\$3 (parents & family are free)

Magic Lantern Films
presents
ROCKY HORROR
PICTURE SHOW

On Friday October 23 and
Monday October 26
IV Theater, Isla Vista
\$4



UCSB Arts & Lectures
presents Pulitzer Prize-
winning journalist Héctor
Tobar discussing Deep
Down Dark, the harrowing
story of 33 Chilean miners
trapped underground for
more than three months

Mon., Nov. 2, at 8:00 p.m. at
UCSB Campbell Hall

In 2010 a Chilean mine collapsed, trapping 33 miners beneath thousands of feet of rock for 69 days. Pulitzer Prize-winning journalist Héctor Tobar received exclusive access to the miners and their personal narratives of the unimaginable experience. Tobar recounts the miners' physical, emotional, and spiritual journey – from moments of their deepest uncertainty to their miraculous rescue – in a textured account that keeps audiences riveted. The 33, a film adaptation of Tobar's book starring Antonio Banderas and Juliette Binoche, will be released this November.

Career Services

UCSB Internship &
Research Night
Tuesday, November 3rd,
2015 – 5:30pm-7:00pm at
SRB Multipurpose Room

Interested in discovering what internships, research, and leadership positions are available on campus? Join us for a Gaucho networking night! Come prepared to make a strong first impression and learn more about opportunities by connecting with campus and community employers. Business casual dress is recommended and bring copies of your resume. Light refreshments will be provided.

Sharon Jones & the Dap-Kings

Wed, Oct 28
8:00 PM
Campbell Hall



Give the People What They Want is not just the name of their Grammy-nominated album, but the mantra that brought Sharon Jones, the matriarch of the world's No. 1 live soul act, back with her beloved Dap-Kings after a recent battle with cancer. No other singer can match Jones' energy and honest soul. The group's magnetism has attracted everyone from Prince to Beck to John Legend to Michael Bublé, both on stage and in the recording studio, not to mention countless fans at more than a decade of electrifying shows that bring packed rooms to rapture.

The Acclaimed
Choreographer Behind
the 2012 Olympic
Opening Ceremony

Tue, Nov 10
8:00 PM
The Granada Theatre



Twelve years ago, award-winning choreographer Akram Khan teamed up with the celebrated talents of composer Nitin Sawhney and sculptor Anish Kapoor to present his company's first full-length piece Kaash (Hindi for "if only") to rave reviews such as "epic, deeply focused and grandly beautiful" (The Telegraph, U.K.).

DAILY NEXUS

WWW.DAILYNEXUS.COM

Editor in Chief | Emile Nelson
Managing Editor | Cheryl Sun
Layout Editors | Ateken Abila
News Editor | Megan Mineiro
County News Editor | Beth Lebens
University News Editor | Supriya Yelimeli
Asst. News Editors | Juliet Bachtel,
Nicholas Bogel-Burroughs
Opinion Editors | Jackson Kerr, Suzanne
Becker
Sports Editor | Michael Jorgensen
Asst. Sports Editor | Sean White
Artsweek Editor | Alex Bocknek
Asst. Artsweek Editor | Frank Horne
On The Menu Editor | Marisa Ratchford
Online Editor | Leon Freyermuth

Photo Editor | Lorenzo Basilio
Sports Photo Editor | Dustin Harris
Science Editor | Priyanka Shindgikar
Art Director | Ateken Abila
Social Media Manager | Tarush Mohanti
Chief Copy Editor | Simone Dupuy
Asst. Copy Chief | Ava Talehakimi
Senior Copy Readers | Liana Bevacqua,
Ava Talehakimi, Steenalisa Tilcock
Copy Readers | Christine Hamlin,
Zachary Morgan, Melanie Voskanian,
Michelle Phan, Kylie George, Sarah
Garrett
Advertising Representatives | Samuel
Jergens, Suzana Vuk, Nathan Abbott,
Maton Bostick, Kira Erickson, Sierra
Kirtz, Pia Delos Reyes, Willie Roman
Production | Simone Dupuy, Ava
Talehakimi

"I feel like Mexican food is a very important part of your life."

The *Daily Nexus* is published by the Press Council and partially funded through the Associated Students of the University of California, Santa Barbara on weekdays during the school year.

Editorial Matter: Opinions expressed in the editorial pages, News and the Weather Box do not necessarily reflect those of the *Daily Nexus*, UCSB, its faculty or student body.

Advertising Matter: Advertising printed herein is solely for informational purposes. Such printing is not to be construed as a written or implied sponsorship, endorsement or investigation of such commercial enterprises or ventures by the *Daily Nexus*.

Contact Us

News Office:

Phone: (805) 893-2691

Email: eic@dailynexus.com

Advertising Office:

Phone: (805) 893-3828 • Fax: (805) 893-2789

Corrections Policy: To call an error to the attention of the editor in chief, provide a written statement detailing the correct information. The *Daily Nexus* publishes all corrections of errors.

The *Daily Nexus* follows the University of California's anti-discrimination codes. Inquiries about these policies may be directed to: Ray Huerta, Affirmative Action Coordinator, phone (805) 893-3105.

Single copies are free; additional copies cost \$1.

Printed at the Santa Barbara News-Press printing facility, in Goleta.

Additional contact information for individual sections and editors can be found at www.dailynexus.com

University of California, Santa Barbara
PO Box 13402 UCEN
Santa Barbara, CA 93106

WEATHER

The Weatherhuman is still nursing the sunburn that came with waiting in line for Snoop tickets in the unforgiving sun. Hir unsuspecting scorched skin resulted in no tickets, many sober tears and many more drunken ones.

Tomorrow's forecast: Even more drunken ones.

Student Groups Host Halloween Alternatives

In an effort to provide a safer Halloween for I.V. residents, several student organizations have planned substitute events to partying, such as trick-or-treating and a hangout spot



Daily Nexus File Photo

Though Halloween in I.V. may turn out to be a quiet weekend, TBTN and UCIV want to do what they can to make sure everyone's weekend is safe and hassle-free.

Josh Ortiz
Senior Staff Writer

Student organizations will be hosting several events this Halloween weekend to provide alternative options to the Isla Vista party scene.

Isla Vista's Halloween celebration has historically drawn crowds of 20,000 to 40,000 students and out-of-towners to festivities on Del Playa Drive. This Halloween weekend, there will be approximately 200 officers from both the UC

Police Department and Santa Barbara Sheriff's Department stationed in I.V. Student organizations such as Take Back the Night (TBTN), the Associated Students (A.S.) Commission on Public Safety and the A.S. External Vice President of Local Affairs (EVPLA) office have planned multiple events this weekend to give students options to safely celebrate Halloween.

External Vice President of Local Affairs and third-year history of public policy major Paola Dela Cruz said A.S. will host Pardall Center Chill Space from 10 p.m. to 3 a.m. on Friday and Saturday on the first floor of the Pardall Center, open to anyone in I.V. over Halloween weekend.

"My main goal is only to provide local, safe and educational events during Halloween," Dela Cruz said.

TBTN Co-Chair and third-year political science major Gema Hernández Nava said TBTN will host an additional student event from 10 p.m. to 3 a.m. Friday and Saturday on the second floor of the Pardall Center, called Pardall Center Safe Space. Hernández Nava said advocates from Campus Advocacy and Resources Education

(C.A.R.E.) and the Santa Barbara Rape Crisis Center will be on site to assist students who experience harassment during the Halloween weekend.

"We know it can get a little hectic when people get more drunk and when it gets later," Hernández Nava said. "It's called a safe space so that people can come and chill if they need a place. They can talk to an advocate if they've experienced something dramatic or because they didn't know what to do in a situation."

Dela Cruz said her office will also be hosting Haunt the Loop from 3 p.m. to 6 p.m. Saturday in the I.V. business area, a trick-or-treat event for Isla Vista residents to go visit I.V. businesses and receive gifts and candy.

"We are trying to shift culture and get families to come and actually trick-or-treat here," Dela Cruz said. "They can actually enjoy Halloween. It's not just drunk students partying."

- Debbie Fleming

"I think this is really about giving students options so that there isn't just this one-size-fits-all attitude or campus environment."

A.S. Commission on Public Safety Chair and second-year political science and global studies double-major Dwayne Mosbey said student organizations are working alongside police officers to implement the University of California Isla Vista Volunteering Program (UCIV) — a public volunteer program that mediates between police officers and I.V. partygoers. According to Mosbey, UCIV volunteers will be distributing water, escorting residents to their homes and warning residents of the noise ordinance, which restricts residents from playing loud music past 6 p.m., to prevent citations.

"[UCIV] is something very simple that we at UCSB can do just to ensure that people in our community, as well as the people coming in, are safe," Mosbey said. "Even though, in a way, it is a

little bit of a reactive measure, it drastically reduces the incidents that are going to be happening that night."

According to Mosbey, volunteers and partygoers alike have praised UCIV in the past, and it will likely be a permanent facet for future Halloween and Deltopia weekends.

"So far, students have loved it. [Volunteers] have a chance to interact with the community and they get volunteer hours for doing something they would have loved to do anyways," Mosbey said. "It's looking like it will be a permanent thing for UCSB to have."

Senior Associate Dean of Student Life Debbie Fleming said the Isla Vista party scene is largely "uni-dimensional" and does not provide enough options for the university's diverse and "sophisticated" student population. Fleming said student organizations are hosting alternative events to accommodate the wide interests of UCSB students.

"Every student doesn't just want to walk up and down the street or party. Some of our students would really like to have music, entertainment and other things to do," Fleming said. "I think this is really about giving students options so that there isn't just this one-size-fits-all attitude or campus environment."

Fleming said she hopes student organizations will begin hosting alternative events to I.V.'s party scene every weekend, rather than just during Halloween and Deltopia.

"I would love to see us have a vibrant weekend music scene that would be happening on campus that would give students an alternative to underage drinking in I.V. or the kind of party scene that can be riskier," Fleming said. "I actually think that what I'm seeing is that students want that, and I'm hoping we can have a partnership around that."



Break the Chain of Meningitis "B"



- **Express Vaccine Clinics** at Student Health - Tuesdays, 9:30-11:30am; Fridays, 1:30-3:30pm in classrooms 1&2.

Check our website at <http://studenthealth.sa.ucsb.edu> for updated Mobile Vaccine Clinics

Vaccines are **FREE*** to all UCSB students. Bring your student ID.

"b free"
* while supplies last



Want more info?
Visit
<http://halloween.as.ucsb.edu>

ON CAMPUS EVENTS TO ATTEND this HALLOWEEN WEEKEND

Friday 10/30

Fun & Fright Fair at the UCen - 7:45pm - 2:00am, *UCen*

Stop by the UCen for two fun filled nights of movies, games and free food! Movie showings include *Friday the 13th*, *Nightmare on Elm St.*, *The Exorcist*, *Monsters Inc.*, *Coraline* and *Frankenweenie*. Sponsored by The Hub.

Hallowheels at the Rec Cen - 9:00pm - 1:00am, *Rec Cen*

Join the Department of Recreation for FREE rollerskating in the MAC at the Rec Cen. There will be free food, games, prize giveaways, a movie screening and more! Don't forget your costume for the costume contest. Roller skates will be provided; please bring your Access Card to gain entrance. Sponsored by UCSB Department of Recreation.

ASPB Presents Delirium ft. Fitz & the Tantrums - 8:30pm - 1:00am, *Thunderdome*

AS Program Board presents not only one, but TWO concerts this Halloween Weekend! Tickets are available at the AS Ticket Office for \$5. UCSB Students only. Presented by AS Program Board.

Saturday 10/31

Fun & Fright Fair at the UCen - 7:45pm - 2:00am, *UCen*

Stop by the UCen for two fun filled nights of movies, games and free food! Movie showings include *Friday the 13th*, *Nightmare on Elm St.*, *The Exorcist*, *Monsters Inc.*, *Coraline* and *Frankenweenie*. Sponsored by The Hub.

ASPB Presents Delirium ft. Snoop Dogg - 8:30pm - 1:00am, *Thunderdome*

AS Program Board presents not only one, but TWO concerts this Halloween Weekend! Tickets are available at the AS Ticket Office for \$5. UCSB Students only. Presented by AS Program Board.

Sunday 11/1

Adopt-A-Block HalloClean 2015 - 11:00am - 1:00pm, *UCen*

Free HalloClean tank-tops to the first 50 participants

Costume Contest: Wear your costume and win cool stuff!

For information and to sign-up, email cleaniv@ivparks.org. Volunteers should meet at Isla Vista Recreation & Parks (961 Embarcadero Del Mar) to check-in. For all cleanup events, volunteers should wear close-toed shoes and their favorite cleaning clothes/costume, and bring a water bottle!

Housing & Residential Services

HALLOWEEN PROGRAMS FOR RESIDENTS

Friday 10/30

Late Night @ the Fiesta Room - 8:30pm, *Santa Catalina North - Fiesta Room*

Trick or Treating - 8:00pm, *Santa Cruz - Main Lounge*

Paranormal Ping Pong Tournament- 9:00pm, *San Miguel - Rec Room*

Paranormal Ping Pong Tournament- 9:00pm, *San Nicholas - Rec Room*

Pumpkin Decorating & Costume Contest- 6:00pm, *San Rafael - Courtyard*

Fall Festival- 8:00pm, *Santa Rosa - Main Lounge*

Spook-A-Thon - 7:00pm, *Santa Ynez - Jameson Community Center*

Saturday 10/31

Scary Movie Night - 8:00pm, *Santa Catalina South - Fiesta Room*

Costume Contest - 8:00pm, *Santa Rosa - Main Lounge*

Halloween Party- 9:00pm, *San Nicholas - Main Lounge*

Halloween Fest- 9:00pm, *Santa Ynez - Jameson Community Center*

*** ONLY RESIDENTS MAY PARTICIPATE IN H&RS PROGRAMS DURING HALLOWEEN WEEKEND**

I.V. Stakeholders Talk Framework, Options for Self Governance

Naomi Stolpner
Reporter

The Isla Vista Self Governance Initiative held a public meeting Tuesday evening at the I.V. Clinic building for residents to discuss community planning and development.

I.V. residents will vote in November 2016 to approve the formation of a Community Services District (CSD) funded by a Utility Users Tax. A board of local representatives would govern a CSD, giving I.V. more autonomy than it currently holds as an unincorporated area. Tuesday's meeting was the second in a series of 11 weekly meetings the Initiative organized for I.V. stakeholders to discuss the specific framework of the CSD. The meeting focused on incorporating a Municipal Advisory Council (MAC) and an Area Planning Commission (APC) with the CSD.

According to Community Organizer from Das Williams's office Darcel Elliott, the Initiative's weekly meetings serve as forums for residents to discuss local government options

within the framework of a CSD.

"The goal of these meetings is to talk about the services that the CSD can provide and discuss how we would want these provided under that structure, and also create some community priorities," Elliott said.

Santa Barbara City Council member Gregg Hart was a member of the previous I.V. Community Council (IVCC), a MAC, during the 1980s, which dissolved after the county and UC cut funding. According to Hart, the county stopped funding the MAC because the Santa Barbara Board of Supervisors felt IVCC was not solving I.V.'s issues and was therefore not "serving the function" that was intended.

"Issues remained contentious and difficult and didn't always get resolved," Hart said.

"They were looking for more finality, more cohesion and consensus coming from Isla Vista."

Hart said a CSD through Assembly Bill 3 (AB 3) will provide I.V. the autonomy and structure needed to solve issues.

"I thought AB 3 was a great step forward," Hart said. "I supported it — sent letters to the governor.

"I thought AB 3 was a great step forward. I supported it, sent letters to the governor. It's time. Isla Vista deserves this kind of representation."

- Gregg Hart



STEPHEN MANGA / DAILY NEXUS

With the coming 2016 vote to approve the formation of a Community Services District (CSD) in Isla Vista, stakeholders met Tuesday to discuss framework options.

It's time. Isla Vista deserves this kind of representation."

According to Glenn Russell, Director of Planning and Development for the County of Santa Barbara, APCs review development projects in their designated community and advise the Board of Supervisors on these projects.

"For certain development projects, they are the final decision maker, unless it is appealed to the Board of Supervisors," Russell said. "For other projects, they make a recommendation to the Board of Supervisors."

Russell said the current APCs in Santa Barbara County, including the Montecito APC and the Santa Barbara APC, review the Board of Supervisors' projects but cannot "initiate policy."

"They do not advise the Board on issues they feel are important," Russell said. "They simply review projects and review policy initiatives and community plans that are ordinances initiated by the Board."

According to Russell, the cost per meeting for the Montecito APC is around \$3,000, which he said would be similar for I.V. Elliott, however, said the cost could be reduced to \$2,000 per meeting.

Longtime resident Sue Dixon said local issues "generate" from poor planning and development, therefore she supports the establishment of an APC.

"The density is because of how it was zoned in the first place, and as we continue to make variances as we build more buildings, it increases the parking problem and crime and everything else," Dixon said. "I think it's really fundamental

to have that power here."

I.V. Recreation and Parks District (IVRPD) chairperson and longtime I.V. resident Pegeen Soutar said a MAC would address issues such as parking and policing more effectively and extensively than the Board of Supervisors.

"I see it as being really beneficial because you can do much more engagement here in the community with a series of meetings here than one or two meetings downtown," Soutar said. "The more that we coalesce and the more we show up with similar ideas and concerns, the more we will be listened to."

"The more that we coalesce and the more we show up with similar ideas and concerns, the more we will be listened to."

- Pegeen Soutar

Campus Democrats president and fourth-year chemistry major Krishna Hammond said the same representatives should govern a MAC and CSD to eliminate the ambiguity of what each entity is able to discuss.

"I think there should be as much overlap as possible because it neatly avoids the question of what we're allowed to talk about," Hammond said. "It's a sort of conservation of bureaucracy. There's one less conversation that needs to come up."

Santa Barbara City College trustee and UCSE alumnus Jonathan Abboud said while the CSD leadership should have a presence in a MAC, some seats should be open to stakeholders that cannot be elected or appointed to a CSD governing board, such as nonprofit organization representatives.

"I think we should have the MAC and the CSD have some overlap, but not a great deal," Abboud said. "My personal opinion is that all five elected CSD members should also be on the MAC but the MAC should be, say, six additional stakeholder groups and organizations."

WILSHIRE HOSPICE

ALONG WITH PRESENTING SPONSOR JOAN GELLERT-SARGEN BRING YOU

day of the dead, a family friendly event

PARADE • MARIACHI BAND • FOLKLORICO DANCERS • ARTS & CRAFTS • COSTUME & ALTAR CONTESTS • DELICIOUS MEXICAN FOOD

día de los muertos

SUNDAY - 11.1.15 - 11AM to 4PM
AT THE MISSION PLAZA IN SLO
PROCESSION BEGINS AT BEAR FOUNTAIN

WILSHIREHOSPICECC.ORG • 805.269.0141 • DOD@WILSHIREHCS.ORG

Wilshire Hospice is a service of Wilshire Health and Community Services, Inc., a not-for-profit, tax-exempt organization.

Students Advocate for End of Rape Culture

With the Halloween weekend coming up, C.A.R.E. and Fuck Your Standards held the event #PledgeforConsent to condemn rape culture and prevent sexual assault

Sonia May Htoon
Reporter

UCSB Campus Advocacy Resources and Education (C.A.R.E.) and members from the Facebook group "Fuck Your Standards" co-hosted an event titled "#PledgeforConsent" at Storke Tower Wednesday, during which guest speakers spoke on bringing an end to "rape culture."

The goal of the event was to facilitate conversation about the definitions of consent and rape. Demonstrators wore bright capes, colorful clothes and coin skirts while holding up signs advocating for consent. Event organizers gave out candy, pins and hugs to attendees. The demonstration aimed to address and prevent sexual assault during Isla Vista's Halloween weekend.

According to "Fuck Your Standards" founder and third-year global studies major Gabby O'Neal rape culture is a philosophy that promotes rape and victim blaming.

"This causes mistrust by slut-shaming and oversexualizing women," O'Neal said. "Consent culture is a culture which respects an affirmative yes ... it gives respect to people and their own bodies."

O'Neal said her goal is to educate people on which actions and phrases contribute to rape culture.

"I would like to see more people take responsibility for themselves and what they say," O'Neal said. "Like calling people out when they make a joke about rape ... these things aren't okay."

Alumna Reina Durian said it is important to help victims and to confront people who may be

taking advantage of others.

"If you notice somebody is at risk for something, be a friend and step in and get them out of that situation," Durian said. "Let the other person know, like, 'Hey, you're in the wrong,' and hopefully they can snap out of it."

Santa Barbara City College alumna BB Barnett said men should also be active in fighting rape culture.

"Men hold a lot of power to say, 'Hey, this isn't okay,'" Barnett said.

According to Barnett, media has contributed to rape culture by promoting images and songs that oversexualize people.

"Rape culture has to be intolerable, but it's the norm right now. Like in music, the way music hyper-sexualizes people, the way men feel entitled to women and to women's bodies ... Why is that okay?" Barnett said. "Why aren't we talking about why people are raping?"

UCSB C.A.R.E. member and fourth-year feminist studies and sociology double-major Dalyla Meyers said O'Neal invited the C.A.R.E. office to join #PledgeforConsent.

"It was definitely something that aligned with our office and the different things we are trying to combat, such as rape culture," Meyers said.

Meyers said students must discuss consent and rape culture to reduce sexual assault on college campuses.

Fuck Your Standards and the #PledgeforConsent event page on Facebook will be posting messages on consent and sexual assault to further educate students about rape culture.



EFFIE SKLAVENTIS / DAILY NEXUS

Rape culture is a philosophy that promotes rape and victim blaming. The event attempted to educate students on what constitutes rape culture.



ARTHUR NGUYEN / DAILY NEXUS



impact
sara's
future.

Transform the lives
of children with a
Master of Arts in Teaching
(with preliminary credential)
from Pepperdine.

PEPPERDINE | Graduate School of Education and Psychology

Pepperdine is committed to the highest standards of academic excellence and Christian values.

To start your transformation, get in touch today.

310.568.5600 or 866.503.5467

gsep-recruitment@pepperdine.edu • gsep.pepperdine.edu



Students Discuss Bills Vetoed by A.S. President

Two bills concerning student councils and S.T.A.R.K. funds fail to pass at the A.S. meeting



College of Creative Studies students motion to override A.S. President Jimmy Villarreal's veto of two bills at last week's meeting. Their motions failed to pass.

Chris Perez and Neil Yanga
Staff Writers

The Associated Students (A.S.) Senate met Wednesday night in the Flying A Room of the UCen to discuss A.S. President Jimmy Villarreal's vetoes of two bills.

The bills, "A Bill to Establish A.S. Commissions for the CCS Student Council and CoE Student Council" and "A Bill to Redefine the A.S. Science, Technology, Aerospace and Research Kapital (S.T.A.R.K.) Fund," passed unanimously at last week's Senate meeting. Public Forum included multiple College of Creative Studies (CCS) students speaking in support of the bill to establish student government in CCS and the College of Engineering (CoE).

First-year CCS student Katie Feerst said CCS and CoE are underrepresented on campus, so she supports the bill to establish student government for the two colleges.

"CCS has existed since 1967. We have been in UCSB for a long time, yet we have yet to have a student council," Feerst said. "We should all have representation, even if we are smaller than College of Letters and Sciences. We should all be able to integrate as part of UCSB."

Villarreal said he vetoed the bill because the creation of a student government is a new concept in A.S., so legislation requires thorough editing before passing and becoming part of the A.S. Legal Code.

"Moving the association to a research-funding academic body — it very much changes what we do," Villarreal said. "There's an unnatural connection in what we do here and the educational side of things."

CCS Collegiate Senator and third-year CCS chemistry and biochemistry major Dustin Larrazolo said Senate should override the presi-

dential veto because the bill affects CCS students seeking grants for research.

"There weren't substantial reasons why it was vetoed, and as senators we could always put forward bills to modify," Larrazolo said. "The space needs to be created while the momentum is here, and while the entire student population is requesting it."

Letters and Science collegiate senator and third-year psychology major Niki Elyasi said although A.S. Senate unanimously supports the bill, it should take the time to perfect the legal framework of creating a governmental entity.

"We realize the need for representation and for money for these students," Elyasi said. "They are an underrepresented college. The issue is: where does that money come from and in what way is that money distributed?"

Off-campus senator and third-year political science major Isabelle Ninh said Senate should not have the power to regulate a student's research if CCS and CoE governments are formed as A.S. commissions.

"I don't want to say what you can or can't do," Ninh said. "We don't have the understanding that CCS does. I doubt all of us can access the knowledge of what it is to be a CCS student."

Off-campus senator and third-year political science major Louis Mariano said Senate reserves the right to overlook how money is spent, but should listen to the two colleges on how to spend grant money.

"They know how to spend the money better than we spend the money, so if they recommend that things should be spent on this grant, then yeah I would go with them," Mariano said. "I don't believe the senate should not strike minutes, since we are the overseers."

We look at the money to make sure that the money is spent appropriately."

For the full story, see dailynexus.com


“ We should all have representation even if we are smaller than College of Letters and Sciences. ”

- Katie Feerst

UC SANTA BARBARA DEPARTMENT OF MUSIC

presents the annual
Karl Geiringer Lectures:

Kyle Gann
on
Charles Ives






"Beyond G#: Escaping the Tyranny of 12 Pitches"
November 3, 2015 / 5-6:15 p.m. / Geiringer Hall / FREE

"A Harmony of Imperfections: How Charles Ives Composed"
November 4, 2015 / 3:30-4:45 p.m. / Room 1145 / FREE

Kyle Gann is Professor of Music at Bard College.
The Karl Geiringer Lectures were established in 1994,
in honor of Professor Karl Geiringer.

Please visit www.music.ucsb.edu for more information.

Follow the Department of Music:



UC Regents Discuss, Define Anti-Semitism

Amid concerns of anti-Semitic threats on UC campuses, the Board of Regents held an open forum Monday to discuss revisions to the definition of anti-Semitism



Daily Nexus File Photo

Many Jewish students felt threatened during anti-Israel protests and demonstrations, spurring Jewish groups and initiatives, such as the AMCHA Initiative, to push for the UC Regents to adopt the U.S. Department of State's definition of anti-Semitism.

Sierra Deak
Reporter

The UC Board of Regents held a public forum on Monday at UC Los Angeles to discuss revisions to the definition of anti-Semitism in the Statement of Principles Against Intolerance document, which was presented to the board in September.

The Board of Regents selected a working group in September to host the forum in response to a recent push for the UC system to adopt the U.S. Department of State's (DOS) definition of anti-Semitism. The DOS has defined anti-Semitism with regard to Israel as demonizing, delegitimizing or applying a double standard to the country. The issue of anti-Semitism began to gain attention after Jewish students said they felt threatened during student movements to divest from companies allegedly profiting from human rights violations in Israel-Palestine.

UC Santa Cruz Jewish studies professor and co-founder and director of the AMCHA Initiative (the Hebrew word "amcha" roughly translates to "everyday people") Tammi Rossman-Benjamin said the previous Statement of Principles Against Intolerance document did not effectively address anti-Semitism.

"The regents who spoke out at the meeting in September were very clear that the reason that they rejected the statement that had been offered to them ... was because it did not address the problem of anti-Semitism and that was the very reason for which the statement had really been initially drafted," Rossman-Benjamin said.

According to Rossman-Benjamin, many Jewish students have felt threatened by campus organizations pushing for divestment.

"Many Jewish students reported that during [the anti-Israel protests], no matter what their feelings about Israel, no matter what

their political positions, they felt threatened as Jews," Rossman-Benjamin said.

Executive Director of Santa Barbara Hillel Rabbi Evan Goodman said there has been an increase in anti-Semitism on UC campuses.

"In recent years, anti-Semitism has roared back, most notably on university campuses, and especially on our UC campuses," Goodman said. "It adversely affects the education and lives of our students. This hostile environment causes prospective students to think twice about enrolling in the University of California."

Goodman said Jewish students do feel their entire identity is being questioned when confronted with the "condemnation" of Israel.

"When the one Jewish state in the world is obsessively singled out ... Jewish students recognize that their own religious and cultural identity is being called into question," Goodman said.

According to UC Committee of Academic Freedom representative and UCSB professor of history Erika Rappaport, there are already adequate policies in place to address anti-Semitic actions, and it is important to maintain student and faculty members' freedom to express their beliefs.

"If someone does do something that incites violence, there are already policies in place to react to that. It's very important that we have civility on campus and we don't have anti-Semitism — I feel very strongly about that," Rappaport said. "But I also think that we do have policies in place and we don't want to be targeting people for criticizing Israel and equating that to anti-Semitism."

Rappaport said an important aspect of attending a university is the ability to openly discuss controversial issues.

"That's one thing I think the university's so great about, is to discuss these issues and not just censor them and not be able to talk

about them," Rappaport said.

Northern Vice President of UC's Student-Workers Union (UAW 2865) David McCleary said the adoption of the DOS definition of anti-Semitism could infringe on the academic freedom of both students and professors.

"We have a stake in this as students based on the range of ideas that we will be allowed to be exposed to in classrooms, and we have a stake in this as teachers as in what we can put into our lesson plans and the freedom we have to discuss controversial issues with students," McCleary said.

McCleary said Judaism and the Israeli government are two separate entities that shouldn't be used interchangeably.

"This is a debate over Zionism, which is a political ideology," McCleary said. "This is not a debate over Judaism, and in fact, as a Jew myself I find it equally anti-Semitic — the conflation of my Jewish identity with actions of the Israeli government."

Rossman-Benjamin said the DOS definition of anti-Semitism, if implemented, would only act as an identifier and would not infringe upon freedom of speech.

"From the Jewish perspective — the perspective of many Jewish students and many Jews worldwide — when certain kinds of political expression include certain characterizations of Israel or deny its right to exist, then it moves into, for the vast majority of Jews, anti-Semitism," Rossman Benjamin said.

PLAYERS' CHOICE PIZZAS

12

HALLOWEEN PARTY PACK

\$39.95

5 LARGE 1-TOPPING PIZZAS

I.V. Co-op Plays Active Role in Community



VIVIAN BUI / DAILY NEXUS

The Isla Vista Food Cooperative, a local organic food store, is involved in various community events, such as monthly potlucks and free gardening workshops.

Jacob Little
Reporter

Sales at the Isla Vista Food Cooperative have increased approximately seven percent annually over the past five years, while the Co-op continues to immerse itself in the community through education and outreach programs.

Since its founding in 1972, the I.V. Food Co-op has celebrated local business and organic food. The I.V. Co-op has been involved in various community events, co-hosting monthly potlucks, providing a free gardening workshop

and participating in the Pardall Carnival and the Hello World! Festival.

Third-year zoology major Cheyenne Daleiden, who has been working at the I.V. Co-op for seven months, said she has seen its impact on the community.

"I started working here back in March and I had seen the Co-op's name at beach cleanups and certain things on campus, but definitely since I started working here I've been able to see how much more they're involved with things," Daleiden said. "We are always providing so much food to a bunch of different things, which I think



VIVIAN BUI / DAILY NEXUS

The I.V. Food Co-op is described as having a welcoming, family environment that sets it apart from other businesses. It is also known for selling fresh, organic food.

is really cool."

Daleiden said her friends have also noticed I.V. Food Co-op's impact on the neighborhood.

"My friends have said, 'Oh, I saw the Co-op doing this and this and this' and I think that we definitely increased our outreach, over this fall especially," Daleiden said.

Associated Students Community Affairs Board (C.A.B.) member and fourth-year Chican@ studies and political science double-major Jeremiah Copeland said the Co-op collaborates with C.A.B. to provide sustainable food options for I.V. events.

"[C.A.B.] has a partnership with the Co-op

and so they provide us gift cards and discounts on their stuff, so we come to the Co-op to shop for all of our general meeting food," Copeland said. "Also, it's part of the Associated Students' Green Bill that a lot of the purchases we have to make need to be sustainable and local, so Co-op is a good place to do that."

Fourth-year theater major Megan Connors said she shops at the I.V. Food Co-op for the good food and pleasant environment.

For the full story, see dailynexus.com

"I come because of the quality of food. I like eating a lot of fresh food, and all of it's organic,"

STUDENT RUSH TICKETS ONLY \$14
AVAILABLE 1 HR. PRIOR TO CURTAIN AT EITHER PERFORMANCE!

DON GIOVANNI

BY WOLFGANG AMADEUS MOZART

FRIDAY
NOV 6
AT 7:30 PM

AND

SUNDAY
NOV 8
AT 2:30 PM



ELISE BARKETON

OPERA
SANTA BARBARA

LIFE... SET TO MUSIC

AT THE GRANADA THEATRE / TICKETS + INFORMATION: 899-2222 / OPERASB.ORG

UCSB Officials, A. S. to Begin Preparations for Approaching El Niño



Daily Nexus File Photo

With a weather anomaly such as El Niño, it can be difficult to predict how severe the incoming weather changes will be, so it is wise to prepare for a worst-case scenario.

Naomi Stolpner
Reporter

University officials and the Associated Students (A.S.) Public Safety Commission have been coordinating with emergency response teams and local public health organizations to prepare for the upcoming El Niño, expected to hit Southern California this winter.

El Niño is a weather anomaly characterized by higher-than-average ocean temperatures in the equatorial Pacific, causing an increase in rainfall over the Eastern Pacific area. Isla Vista residents are advised to have an emergency supply kit, know the location of their electrical breaker and coordinate with landlords on gutter maintenance.

According to Vice Chancellor for Administrative Services Marc Fisher, UC Santa Barbara is preparing for El Niño by preparing emergency supplies, building sand-bag barriers, testing emergency generators and repairing gutters and storm drains. Fisher said he hopes El Niño will be mild, but administration is preparing the campus for heavy rains and winds.

"We are hoping for the best, but planning for the worst," Fisher said in an email.

According to Fisher, past El Niño weather has made campus roads and local freeways inaccessible.

"In 2005, the La Conchita landslide occurred at the end of a 15-day period of record rain shutting down Highway 101," Fisher said in an email.

Fisher said the administration and A.S. Bike Committee are coordinating to prepare bike paths.

"From each storm that we encounter, we look at areas that we can build upon and institute the necessary changes," Fisher said in an email. "We continue to work with A.S. Bikes to improve bike path conditions."

Fisher said the university predicts project completion dates will be delayed.

"Presently we are focused on activities such as completing foundations, installing all-weather traffic surfaces on construction sites, applying waterproofing to structures where possible and ensuring that water runoff from rains is filtered and controlled," Fisher said in an email.

Public Safety Commission I.V. liaison and fourth-year history and political science double-major Duncan Calvert said the commission has been working with administration and emergency response teams to inform I.V. about recommended precautions.

"What we've been doing is reaching out to [Campus Emergency Manager] James Caesar, Marc Fisher, both the fire departments and talking about how we can best take their expertise and take their message and be the liaisons to the students because we have the communication channels for that," Calvert said.

Calvert said because El Niño is unpredictable and irregular, the commission is preparing for conditions more severe than past averages.

"We're looking at this year as having above average rainfalls, above average thunderstorms, wet weather, and with that in mind, we're doing our best to prepare," Calvert said.

According to Calvert, the Commission has been studying California's response to the 1998 El Niño.

For the full story, see dailynexus.com



ARTHUR NGUYEN / DAILY NEXUS



Papas & Beer

SPRING BREAK

ROSARITO BEACH



18+

MARCH 11 - APRIL 3

LARGEST BEACH CLUB ON THE WEST COAST

HOTEL PACKAGES START AT \$40pp

WWW.PAPASANDBEER.COM

FOLLOW ON  @PAPASANDBEER FOR INFO AND PRIZES

THE VALUE OF PERFORMANCE.

NORTHROP GRUMMAN

MEET

YOUR FUTURE HERE



UNMANNED • CYBER • C4ISR • LOGISTICS

Say hello to Northrop Grumman, where our team of innovative visionaries help us expand the boundaries of what's possible in areas of unmanned, cyber, C4ISR and logistics.

It's our job to help keep the world safe and secure, every day. To continue our mission, we look for like-minded, creative individuals who want to make an impact, who thrive on global challenges, and who hold and share the same values as we do.

Let's do the work that matters – together.

CAREERS THAT TAKE YOU PLACES.

www.northropgrumman.com/meetNGC



National News

Ex-Speaker of the House Pleads Guilty to Trying to Evade Federal Banking Laws

Dennis Hastert, a Republican who served as Speaker of the House from 1999 to 2007, has pleaded guilty to evading federal banking law by making a series of small withdrawals from his bank account to avoid having to report his intent. According to his plea agreement, Hastert made many withdrawals before paying \$1.7 million to someone known as Individual A "in order to compensate for and keep confidential his prior misconduct." The withdrawals were in increments less than \$10,000, as a larger withdrawal would require a statement of purpose. Judge Thomas M. Durkin of the Federal District Court for the Northern District of Illinois will sentence Hastert in February 2016. Analysts expect Hastert to serve up to six months in jail. *nytimes.com*

General Motors Recalls 1.4 Million Cars over Fire Risk

General Motors (GM) is recalling 1.4 million cars, most of which have previously been recalled due to similar issues in 2007 and 2009. GM said the most recent recall is in response to 1,345 cars catching fire after dealership maintenance. Degrading valve cover gaskets in the vehicles' engines has been leading to hot oil leakage in the engine after hard braking, which causes fires. A GM spokesperson said 85 percent of the fires happened after the car was shut off and no one was around. 19 minor injuries related to this problem have been submitted since 2009. *money.cnn.com*

Army Surveillance Blimp Broke Free and Floated Around Pennsylvania

An Army surveillance blimp broke free from Aberdeen Proving Ground in Aberdeen, Maryland at around 12:20 p.m. Wednesday morning. The blimp, called the Joint Land Attack Cruise Missile Defense Elevated Netted Sensor System (JLENS), is an aerial detection system that is designed to track cruise missiles and other threats. Wind carried the 243-foot-long blimp for three hours before it hit the ground about 120 miles northeast of the proving ground. Two F-16 fighter jets tracked the blimp as it made its way north, hitting power lines and ripping poles out of the ground. No one was injured, but around 30,000 Pennsylvania residents lost power. *nbc.com*

International Spotlight

Nigerian Military Claims to Have Released Over 300 Kidnapping Victims Held by Boko Haram

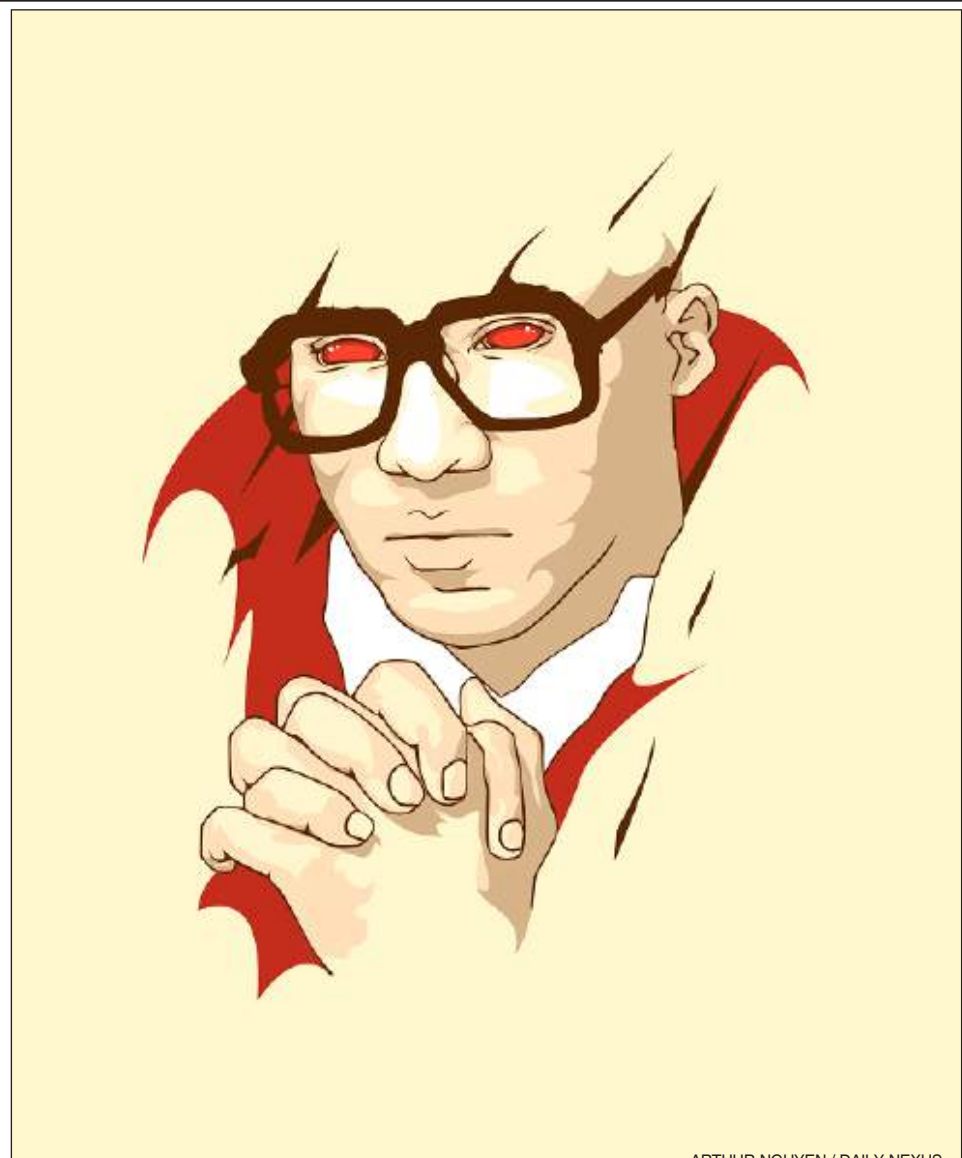
The Nigerian Military said Tuesday it has freed over 300 victims, mainly women and children, kidnapped and held in a remote forest by Boko Haram. The rescue operation killed at least 30 Boko Haram militants. Last year, the terrorist organization kidnapped 276 girls from a secondary school, leading to the #BringBackOurGirls campaign. The information is difficult to verify since the militants involved reportedly worked in a very secluded region of Nigeria, and the Nigerian Military has made unverifiable claims in the past. Many experts suspect the claim is part of an effort to uplift the morale of citizens affected by Boko Haram. *nytimes.com*

Austria Plans to Erect a Fence at a Border Crossing with Slovenia

Austria has decided to fence one of its most popular Slovenian border crossings in response to Europe's current migrant crisis. Austrian Chancellor Werner Faymann said the fence is not an attempt to stop people from crossing into Austria, but rather to control the flow of migrants. Hungary recently fenced borders with Croatia and Serbia, and Serbia, Romania and Bulgaria may build barriers. To manage the migrant crisis, 14 European countries committed to set up reception centers to hold up to 50,000 people in Balkan countries and will send 400 guards to Slovenia in the coming days. *bbc.com*

W.H.O. Says Two-Thirds of People under 50 Are Affected by Herpes

The World Health Organization reported that more than 3.7 billion people have herpes simplex virus type 1 (HSV 1), most having caught the virus in their childhood. This is amid a push by the Organization for a vaccine for the virus. Once someone acquires herpes, the virus stays in their system for the rest of their life and leads to occasional outbreaks of cold sores. HSV 1 generally causes sores exclusively around the mouth, however, particularly in richer countries where there is increased hygiene, it is seen more and more in the genital area after being transmitted through oral sex. Many pharmaceutical companies are working on vaccines for HSV 1 and 2. *un.org*



ARTHUR NGUYEN / DAILY NEXUS

LEARN WHY Medical Marijuana is Good For You and The Benefits of Changing Our Dysfunctional Drug Policy



from
David Bearman, MD

Expert in cannabinoid medicine, founder of the IV Medical Clinic
Executive VP of American Academy of Cannabinoid Medicine

Wed., November 4, 6 - 7:30 PM
UCSB Multicultural Center

SAKE BOMBING!

99¢

- Small pitcher of Sake with 10 or more people
Offer only valid for first pitcher.
- Large pitcher of Sake with 20 or more people
Offer only valid for first pitcher.
Mon - Thurs with I.D.

TATAMI ROOMS

available for large parties with reservation

Kyoto

JAPANESE RESTAURANT
SUSHI SEAFOOD TEMPURA STEAK

www.KyotoSB.com

3232 State St. (Corner of State & Las Positas) • 687-1252

OPINION

OPINION@DAILYNEXUS.COM

Halloween as it Should Be

When I got accepted to UCSB, Halloween was one of the things everyone would ask me about. I obviously didn't know what it was like because I was 17 and had never so much as smelled what life in Isla Vista would be like. But I'll be damned if I didn't watch video after video of whatever footage some drunk dude-bro with a camera decided to take some time on or around the night of Halloween in I.V. I was fascinated by a place with so many gorgeous girls, so many people my age, so much partying and so much freedom. These obscure video clips coupled with my alumni dad telling me, "One of the saddest days of my life was the day I left Isla Vista," had me doing backflips in my batman costume.

So fast-forward to Halloween weekend my freshman year. At this point I'm good and annoyed that I can't get into my dorm through any of the side doors, and if I see another flyer about keeping things local and safe for Halloween I'm going to freak out. Freshman grumbles aside, I threw together a couple costumes to go out and join the spectacle. I cannot say I didn't have a good time. It was wild to see so many people pouring into the streets dressed in everything from Playboy bunny attire to as much seaweed as one could heap onto themselves while still maintaining a line of sight (maybe not?) to be able to walk around. We did the freshman walk, took it all in, we went to a couple parties at the houses of people we didn't know, just freshman stuff.

It was clear there were a hefty number from people from out of town; it was clear that entire crowd could not all possible live in this community, and ultimately in terms of overall craziness it wasn't as overwhelming as had been purported. This became increasingly apparent as, in the wake of that weekend, all reports showed it was one of the quieter, safer IV Halloweens in recent years.

A year later Halloween was marked by rain so heavy you'd believe the drought was over. I put on my bear onesie, and took it off a few hours later without leaving my house. We had friends over,

and at times peered outside to see if we were still getting hammered with rain showers. If there were crowds outside (which there were not), nobody in that house cared too much to see what they were doing. It went in the books as a comparatively laid back weekend.

As I've now experienced two Deltopia's and two Halloweens in I.V. I've come to realize something. I think I can speak for a lot of people when I say I've dressed in crazier costumes, had more fun, made more memories, stayed out later on uncharted nights in Winter quarter than either of the

Halloweens here. Now a ton of us are leaving for the weekend, whether it's heading home or going to the Escape festival, we're starting to realize next weekend will probably hold more for us and offer a lesser risk. We live in the best place in the world for college students. It's no wonder this holiday has blown up here, and for a time I'm sure it was something for students to look forward to. If you're bitter about the state of Halloween, or simply don't want to be here for it, that's fine. But remember we live in I.V. and go to UCSB. Nearly every other time of the year we hold it down as where all of our friends wish they went. We can pretend that it's Halloween in January, and forget all about a 6pm noise ordinance just because we feel like it.

Our Halloween has changed, and not in a negative way at all. Our Halloween is still one of the most storied college happenings in the country. Instead of all out debauchery (which I'm sure will still exist this weekend to an extent) we have Fitz and the Tantrums and Snoop Dogg on campus for \$5. Yes, we have Snoop Dogg on campus for \$5. We can once again expect less out-of-towners, less arrests, and less of a mess in our town. Since I've been here I can say I have witnessed a striking culture

change in IV. We are actually keeping it local, and we're doing it in a way that hasn't detracted from living here. We have students volunteering with the police to correspond with residents to help them avoid noise tickets, and there is a prevailing attitude that our weekend isn't going to suffer because out-of-towners can't handle themselves, or don't respect their surroundings. This is our paradise and that isn't changing. So whether you're heading out for the weekend or catching Fritz and the Tantrums and/or Snoop in the Thunderdome, appreciate that we're moving in the right direction. Cheers to a great Halloween, Gauchos!

Jackson is ready for a Halloween based on safe entertainment instead of incarceration.



The Doc on Dangerous Drugs

During my tenure as a Gaucho from '67-'71 (yes I graduated in 4 years), I attended the spectacle that is Halloween in Isla Vista twice. It is rivaled only by Mardi Gras in New Orleans. I have never been to New Orleans, but my internet resources tell me that it's true.

Besides colorful, creative costumes and socializing, alcohol and drugs can be a part of the Halloween experience in Isla Vista.

Alcohol is a "depressant," aka "downer," aka "nadirifier" (I made that last one up). As a "depressant," alcohol slows down nerve activity. Reaction times become slower, making people dangerous drivers. Activity in the area of the brain that has to do with inhibition is lessened to bring about alcohol-induced bravado. The nerves for balance and coordination become weaker bringing about swaying, stumbling, and stammering.

Another effect of alcohol is that it makes people sleepy. Some feel this is a protective mechanism such that if someone is consuming dangerous amounts of alcohol, the body shuts down, causing a loss of consciousness.

However, alcohol is not the only chemical used in Halloween in Isla Vista. Some students choose to use street drugs as well. Some of these drugs, like alcohol, can be "depressants." Examples include marijuana, heroin and hashish. Some drugs are "stimulants," or "uppers," aka "Bring on the chore sheet!" (I made that last one up, also). Examples include cocaine, amphetamines and crack.

While alcohol or drugs, each by themselves, can be lethal, combining drugs and alcohol in the same outing increases that risk exponentially. If a "depressant" or "downer" is consumed with alcohol, the combination

can cause a very severe shut down of the body, resulting in profound loss of consciousness to the point that the basic bodily functions of breathing, pulse and blood pressure can no longer be carried out.

Four Loko, the alcohol and caffeine combination drink, has sadly demonstrated its deadliness already. Stimulants only block the sleepy effects of alcohol. But all the other alcohol related effects continue unabated. This disables the body's self-protective mechanism of passing out when alcohol consumption approaches levels that are harmful to basic bodily functioning. With the safety mechanism of passing out disabled, the student continues drinking unaware that his/her body can no longer tolerate any increase in alcohol level. This can lead to a shutdown of the respiratory center of the brain bringing about a student's untimely demise.

So on that sobering note, here's wishing all Gauchos a happy, fun and safe Halloween. Whether you find yourself in Isla Vista or in one of the many other events going on around campus, be extremely cautious of mixing alcohol and any drug.

We want you around for next Halloween.

Ali Javanbakht, MD is a Board Certified Family Physician and Medical Director of UCSB Student Health: studenthealth.sa.ucsb.edu.

This article is part of the Daily Nexus regular column "THE DOC IS IN" coordinated by UCSB Alcohol and Drug Program staff. Articles feature information and advice from UCSB Student Health clinicians and other health professionals on and around campus.

Bootiful Biceps: Excursion Club Brings the Stoke

If you've ever decided to grab a (insert your watercraft of choice) and paddle out at Sands Beach off Isla Vista, you may have noticed something unique that doesn't exist on most other California beaches. Can you guess what it is? I'm not talking about that sticky black tar on your feet or all those UCSB surf nuts tearing the waves to shreds — many of whom made their college decisions based almost entirely on proximity to the ocean (like me). I'm also not referring to those stupid cruiser bikes with massive handlebars that are always blocking at least two other spaces on the bike racks — I'll save that rant for another article — and I'm not talking about that epic little log-bench on the cliff that nobody ever seems to notice. No, I'm talking about the Germans. The always-smiling, permastoked Germans riding big, foamy surfboards into aquatic battle against King Poseidon's wave-warriors as they make their California dream a reality — a reality provided in full by the notorious Excursion Club.

The Excursion Club is arguably one of the largest and most well-known clubs at UCSB, having attained something of a legendary status among foreign exchange students in particular. By providing students with countless opportunities for outdoor adventures and gear rentals at an unbeatably low cost, the Excursion Club has been fulfilling I.V.'s stoke addiction since the club's foundation in 2003. What is "stoke," you ask? Well, there's really no easy way to describe the Excursion Club without this term, so let's break it down:

Stoked: is to be completely and intensely enthusiastic or excited about something. Those who are stoked all of the time know this; being stoked is the epitome of all being. (Urban Dictionary)

Ex: "When Billy got a shiny new bike for Christmas, he was stoked."

So yes, we all know that the Excursion Club prides itself on being "the most stoked club on campus." Now let me tell you something you probably didn't know. Formerly criticized by some for being a loosely-run organization in which students drink excessive amounts of alcohol in nature, the Excursion Club has taken a new, more professional direction in recent years. In the words of Excursion's president Dillon Cole, "Excursion Club began in 2003 to do what we still do today, which is get people outside. It has changed from formerly being known for partying to eliminating that aspect of the club and collaborating more with the community." Excursion Club has been collaborating indeed, and in the process they have significantly changed their image in the eyes of the community.

Did you by chance attend a "First Friday" event in Isla Vista or the increasingly popular "Meet Your Neighbor Day" at People's Park? Have you ever woken up late on a Saturday morning and seen students whizzing by your house on skateboards, picking up all that trash left from Friday night's carnage? Did you by chance see an enormous group of people paddling out at SB Channelkeeper's S.P.L.A.S.H. event at Devereux Beach, which celebrated the successful restoration of Isla Vista's marine ecosystem?

Perhaps you saw some people last weekend who were kayaking in the little pond behind Embarcadero Hall, doing some hard yard work and cutting overgrown reeds? The Excursion Club was involved in each of these things ... and that's only to name a few! Working often in conjunction with organizations like the I.V. Recreation and Park District (IVRPD) and the Los Padres Forest Association, Excursion Club's staff members have taken a leading role in serving the local community, from simply picking up trash in I.V. to repairing damaged trails in the San Ynez mountains to providing Halloween weekend trips for people trying to avoid the chaos. Therefore, it can be reasonably ascertained that anyone who still thinks the Excursion Club is just about rowdy college students blacking out in nature simply have not done their research.

Despite the fact that Excursion Club doesn't throw huge public parties anymore, it still remains true to its roots by showing its members a really good time — outside of course! Excursion Club currently has its own trailer park on the 67 block of Del Playa where all of its outdoor gear is located and where Excursion staff members regularly hold "office hours" during the week. For the same price as a Netflix membership, you can join the Excursion Club for an entire year and get unlimited access to their outdoor gear (such as surfboards, kayaks, rock climbing shoes, ice axes etc.). This fee does not pay anyone's salary; it goes entirely to purchasing new club gear and keeping the Excursion Park operational. Excursion Club members gain access to multiple "trips" that happen every single day of every week, which are led by roughly 60 Excursion staff members. Trips can consist of anything from free surf lessons to paintballing to Big Sur backpacking trips to going "pirate sailing" in Santa Barbara Harbor. Despite Excursion Club's rising "professionalism," their timeless mottos of "leave no trace, only memories" and "we do it outdoors" still resonate strongly. Excursion Club is definitely not lacking in the fun department.

So if you need to cross some fun outdoor activities off your bucket list and are interested in serving the local community, Excursion Club may be perfect for you. If you're already a member looking to gain leadership experience and meet like-minded people in the process, then you may want to consider applying for Excursion Staff. I write this article not because I am clearly biased as an Excursion staff member but because I am very proud of the hard work that I see my peers putting into this organization, working tirelessly to give fellow students opportunities to get outside and develop new hobbies. I am also very glad to see the positive direction that Excursion Club has taken in light of all these community service events and the ongoing partnership with the IVRPD. So if the time ever comes when you just can't find that new Netflix show to binge on, remember that there's an even better alternative just around the corner. May the stoke be with you!

Since joining Excursion Club, Nik Frey has noticed a significant improvement in his zombie-fighting skills.

MEN'S WATER POLO



SENIOR DAY
#6

UCSB
VS
#7

**SATURDAY 12PM
CAMPUS POOL**

SPORTS

SPORTS@DAILYNEXUS.COM

AQB

Stephen Curry went off for 40 points in Golden State's Tuesday season opener vs. the New Orleans Pelicans. AQB guarantees Doc Rivers won't mention the words "luck" and "Warriors" ever again.

No. 18 UCSB Defeats Sac St. Behind More DePuy Magic

Michael Jorgenson
Sports Editor



JENNY LUO/DAILY NEXUS

Two weeks ago, the No. 18 UCSB men's soccer team played easily its worst game of the year, losing 5-2 to a Sacramento State team that currently sits in last place in the Big West North Division. Last night, thanks to a pair of trademark headers from the nation's leading goal-scorer in junior forward Nick DePuy, the Gauchos got their revenge, taking down the Hornets 2-1 in their regular season home finale.

"I'm pleased with our effort tonight," Head Coach Tim Vom Steeg said. "I thought that our players played a reasonably good game, especially given the bounce back from a really emotional game against Cal Poly."

At 11-5-2 overall and 6-2-1 in conference, Santa Barbara now needs a win or a tie in its season finale to hold on to first-place in the Big West North Division.

For the Hornets, the loss dropped their record to 6-9-2 overall and 3-4-1 in conference. They will need a win against Cal Poly and a UC Davis loss on Saturday to secure the final spot in the Big West Tournament.

The seats at Harder Stadium weren't even warm yet before DePuy got his team on the board less than two minutes into the game. After UCSB won a free kick deep in the left midfield, freshman forward Geoffrey Acheampong played a long ball towards senior defender Duncan Backus at the far post.

Despite a difficult angle, Backus redirected a header back across goal right where DePuy was making his run, and he knocked it in to open the scoring. The goal was the fastest scored for UCSB all season, coming just 104 seconds into the game and marking the second straight game in which DePuy has scored.

The two sides provided little action until the second half, when DePuy capped off his night recording his third brace of the year. In the 53rd minute, freshman forward Geoffrey Acheampong played a simple cross in from the right side towards DePuy, who rose above his defender and headed it down and in towards the far post as he has done so many times this season.

"We wanted the second goal because this is a dangerous team," Vom Steeg said. "They score a lot on free kicks, they break out really well, and they haven't been shutout in a while, so my concern was I didn't think one goal was going to be enough."

UCSB went up 2-0 for the second straight game, but it took just 17 seconds for the Hornets to answer back and cut the lead in half. A cross from the left wing by junior midfielder Ivan Ramirez cut through the Santa Barbara defense before senior forward Isaac Flores put away his fourth goal of the season.

However, unlike when they tied Cal Poly 2-2 last Saturday, the Gauchos were able to hold on to extend their unbeaten streak to three games.

"Credit to the team, we did finish this game off a little better than [against Cal Poly]," Vom Steeg said. "We took a couple balls to the corner, we made it a throw in game, we won the head balls in the box that we had to win. All those things that we did not do against Cal Poly, we did tonight."

The Big West has seen quite a few goals from the Gauchos this season, who lead the conference with 37 total, but the offensive success can be attributed mostly to DePuy, who ranks first in the nation with 15 goals and eight game-winners.

Continued on dailynexus.com

In Photos: UCSB vs. Cal Poly



DUSTIN HARRIS/DAILY NEXUS



DUSTIN HARRIS/DAILY NEXUS



DUSTIN HARRIS/DAILY NEXUS



DUSTIN HARRIS/DAILY NEXUS



ERIC SWENSON/DAILY NEXUS



ERIC SWENSON/DAILY NEXUS



ERIC SWENSON/DAILY NEXUS



ERIC SWENSON/DAILY NEXUS

WOMEN'S SOCCER

Gauchos Continue to Flourish by Trusting Guidance of Fearless Newcomers

Elliot Thornton
Staff Writer

Youth and inexperience can be undesirable traits for a sports team, but in the case of UCSB's women's soccer team, they are two valuable assets.

Throughout this season, the Gauchos have emerged with young talent ready for the big moment. Fostering a roster of 19 underclassmen and 13 freshmen, the team has proven why it should be considered an elite contender in the Big West.

"Often times, it takes a few months or even years for a freshman to adjust to college soccer, but our [new players] just came in this season ready to make the adjustment immediately," senior goalkeeper Beth Ritter said.

Possessing a conference-best five wins and one loss, Santa Barbara's success can be accredited to a mixture of pure potential, senior leadership and team chemistry. With this combination, the Gauchos undoubtedly deserve their recent clinching of a spot in the Big West Tournament.

"We're very optimistic about our program in no small part because of this group of kids," Head Coach Paul Stumpf said. "[Our] freshmen have not been intimidated by this collegiate environment ... and what we're asking them to do in very short order has been a pleasant surprise for us."

After losing six seniors last year and finishing the season with an overall record of 8-9-2, 2-6 in the Big West, a main focus for Stumpf heading into the off-season was rebuilding. Collaborating with Assistant Head Coach Austin Risenhoover, the two collected arguably one of the best recruiting classes in the Big West with 13 true freshmen.

"We were fortunate enough to draft a recruiting class of young girls who can compete at such a high level," Risenhoover said.

Whether in overtime or late-game situations, the Gauchos' ability to persevere has influenced Stumpf and Risenhoover, increasing their confidence in the team's progression to the big stage and what the future holds for them.

"What we're going to benefit down the road from in these players is their experience," Stumpf said. "The majority [of the team] are only freshmen, and after next season, they will still have two full years to play."

Among this cluster of underclassmen lies a centerpiece in freshman forward Mallory Hromatko. The first-year standout has risen to the spotlight this season, leading the Gauchos with nine goals and 22 points. It is evident that the Danville, CA native has evolved into an offensive catalyst for UCSB as her nine scores rank third in the Big West, the most among any other freshman.

"It's Mallory's ability to work well with her teammates that's been such a strength for her," Risenhoover said. "Learning that forward position from older players like Amanda Ball has allowed Mallory to get comfortable on offense and naturally let her talents speak for itself."

In each of the team's 12 matches, Hromatko has managed to score or assist. The freshman striker has been a key ingredient all season, propelling her team to two four-game winning streaks and an unbeaten stretch of six games starting in late August.

"You can tell that [Mallory] trusts her teammates, and it's translated to her success on the field," Risenhoover said.

Hromatko's efforts have not gone unnoticed, earning herself multiple nominations and her first ever Big West Player of the Week Honors last weekend after scoring two clutch goals against UC Riverside and UC Irvine.

With only three seniors on the team, forward Angelisa Cortez

and forward Savannah Francis have embraced and come to understand their roles as veterans and have taken this young squad under their wings. While their minutes on the field have trimmed down, this is a sacrifice they are willing to make.

"Savannah and Angelisa have been great cheerleaders on and off the field for this young unit, especially during their injuries," Risenhoover said. "They both want what's best for the team and are willing to do whatever it takes to get to that next level."

Following their early season injuries, Cortez and Francis have been consistent in the Gauchos' second unit. Combined, the two have tallied a goal and two assists. Ignoring their star lines, it is the leadership of these upperclassmen that has alluded to their success. This is where senior goalkeeper Beth Ritter comes in.

"Beth has been amazing this year for us," Risenhoover said. "Recovering from a tough injury and having [junior goalie] Jacq Caginia replace her for a couple games really added fuel to her fire, and it's rubbed off on her teammates."

“All of our players have bought in to our principles of passion, accountability, and commitment. We made it this far in conference with these values now it’s time to see how far we can go.”

- Head Coach Paul Stumpf

Ritter ranks among the top five goalies in the Big West with only nine goals allowed on the year and a solid .87 goals against average. Ritter's dominant presence behind goal has taken the pressure off her teammates and granted this young team more opportunities to score.

After an early non-conference skid against respected programs like Saint Mary's and USF, UCSB has excelled and come into its own as of late. The Gauchos have won five out of their six conference matches, earning three of their five shutouts against Irvine, Hawaii and central coast rival Cal Poly.

With two regular season games remaining on the schedule for Santa Barbara, this team is getting hot at the right time. Developing team chemistry is no easy task, but the seniors have embraced their role in mentoring this new generation of younger players.

"We have four to six freshmen and seven to eight underclassmen starting every game this season for us," Ritter said. "This is an exciting stat because it shows the incredibly bright future this program has in store."

As the three seniors finish their mark on the year, this young team has all the intangibles for a promising future. Now the question is: Are their talents enough for a Big West title?

"All of our players have bought in to our principles of passion, accountability and commitment," Stumpf said. "We made it this far in conference with these values; now it's time to see how far we can go."



CHRISTINA DEMARZO / DAILY NEXUS



STEPHEN MANGA / DAILY NEXUS

UCSB has won five of its last six contests. The Gauchos' 1-0 triumph over UCI last Sunday clinched their spot in the Big West Tournament. UCSB is 3-3-3 overall in Big West Tournament history; its last tournament title appearance was in 2009.

BASKETBALL SEASON COMING SOON



SEASONS START NOV. 8

ARTSWEEK

ARTSWEEK@DAILYNEXUS.COM

Florence + the Bowl = Captivation

Karrah Bates
Reporter

Reaching out into the audience with welcoming arms, she asked us to remove something weighing us down, keeping us on the ground. And with her triumphant cry, she freed us: "Santa Barbara, you are released!" Last Tuesday, Oct. 20, Florence Welch graced the SB Bowl.

Florence's newest album, *How Big, How Blue, How Beautiful* is a celebration of the liberty in living, one that she indeed brought to life on stage. Through her purifying sound and energy, Florence touched every soul with healing hands.

The audience varied from parents leading young children by the hand to college students, gasping as the stage darkened. Couples kissed on rock walls, girls in flowing skirts snapped selfies, middle-aged women danced before the music started — everyone was drunk in anticipation. Or the beer...

At 8:15, the stage darkened, and the back-up singers, pianist, trumpeters, guitarists, drummer and harpist silently took their places. Florence soon emerged from the wings barefoot, bathed in golden light as she stopped center stage. In the quiet, the set was in constant motion — the back-drop shimmered in the breeze, covering the stage in brilliant blue waves. As if she were singing on the sea, Florence opened the show with "What the Water Gave Me."

The energy of her entrance continued to hold strong. During her third song, Florence dashed out into the audience, running through the aisles with a wide grin on her face, reaching out to the crowd as she glided by. After she'd finished, she stood breathless on the stage, holding an article of clothing someone had thrown. She commented gleefully that this was the earliest someone had thrown clothing to her in a performance, and that this meant it

was going to be a great show.

Florence's ability to reach out and relate to the audience was evident not only in her stunning performance, but also in the breaks between songs. She recounted her time in the United States two years ago while on her last tour, telling us of how she fell in love everywhere she went. Speaking with the upmost tenderness and respect, Florence proclaimed she wrote "How Big, How Blue, How Beautiful" about the American skies. Singing it again in the states, she brought the song full circle with an open heart and stars in her eyes.

With every song, the group brought a new meaning to the night. "How Big, How Blue, How Beautiful" was a love story between landscapes, one that she ended in a dance of rapid spinning and twirls. "Rabbit Heart" was a thrilling, practically mystical experience as Florence asked us to stand up, to jump and reach to the skies to get "as high as we can."

It was a roller coaster of emotion. Between her unchained dance breaks, her down-to-earth stories, and her powerful vocal performance, Florence put her heart and soul into this concert. After singing one of the group's most popular songs, "The Dog Days Are Over," the entire group left the stage, only to come back minutes later for a two-song encore. Florence was silhouetted by golden rays, her arms spread wide as she stared straight into the crowd. A man in the back row mirrored everyone's thoughts perfectly as he shouted, "It's Jesus! It's British Jesus!"

The highlight of the night, however, was before Florence sang "Shake It Off." As if she were looking at every individual in the crowd, she asked us to remove something — to take off our burdens, our sufferings, and to throw it as hard and far as we could.

Not only did she sing to us, but she sang with us. As she did in Santa Barbara and will continue to do on her tour, Florence lives life to the fullest, and gracefully invites us to sing along.



MCLANE BROWN / DAILY NEXUS



MCLANE BROWN / DAILY NEXUS

Spielberg 'Spies' a Winner

Alex Wehrung
Reporter

While some spent their Friday nights getting drunk, partying it up or maybe even tickling their nostalgia with "Goosebumps," I saw "Bridge of Spies." Because how else will I further cement my reputation as a bona-fide film snob?

That is of course a playful sentiment; "Bridge of Spies" isn't some pretentious art film or the like. When I found out that it was directed by Steven Spielberg (you better know who he is) and written by the Coen brothers (my favorite filmmakers, hands down), I nearly fainted with movie-buff glee. The idea of all this filmmaking talent coming together, coupled with the fact that Tom Hanks would be in the lead role, made seeing this film a priority that would (hopefully) justify taking time away from writing my five-page Comm 1 paper.

The first thing that stood out in my mind was Tom Hanks in his role as Atticus Finch. Yes, yes, I know in reality he's portraying real-life insurance lawyer James Donovan, but from how this character acts and speaks (apart from when he calls a CIA agent something that could also be shortened into three letters), one would think Gregory Peck had risen from the dead. Is Hanks destined for another Oscar, as some claim? Well ... maybe. His performance didn't rock my world, but it did poke it a few times.

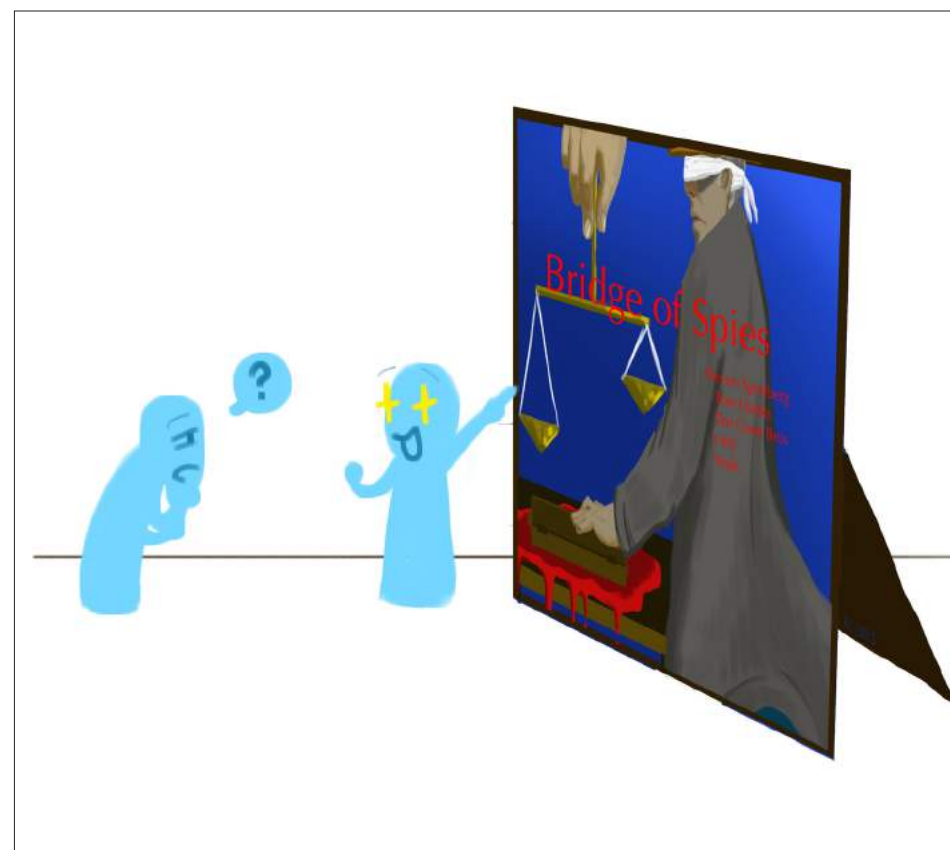
Hanks shares the screen mostly with Shakespearean and Tony-winning actor Mark Rylance, portraying Rudolf Abel. A Russian spy caught by the FBI, he surprisingly provides most of the film's humor in

the form of deadpan questions and observations. The rest of the cast is devoid of big names (Alan Alda and Jesse Plemons are in only minor parts), but everyone plays their respective characters with conviction. It is both amusing to see Donovan's son planning on what to do in the event of a nuclear strike and heart-wrenching to witness a woman cry helplessly as her friend is beaten by East German police.

I think it's worthwhile mentioning that even though this film was penned by the Coens (as well as Matt Charman, a relative newcomer to screenwriting) it doesn't feel Coen-y. Steven Spielberg hasn't brought us a quirky dark comedy, but a serious thriller that captures the Cold War tensions reflected in the more common people. Americans are all quick to hang a communist and the East Germans are desperate to cross the Berlin Wall, both during and after its construction. Despite the bleak setting, there's still occasional sly humor to be found that may take an eagle eye (so to speak) to appreciate some of it.

But this is a Spielberg film and with that comes some sentimentality that may feel like it's hitting you over the head. The master director brings up adages like being able to take a hit and keep on coming, as well as having the courage of taking a task nobody else will. That first theme is weaved into the story somewhat, but it still comes across as forced when a character tells an entire story to reveal that theme to us. The latter one at least boasts a degree of subtlety, but you won't be able to escape the feeling that this has all been told to you over a dozen times by now in other movies.

But now we come to the universal philo-



TARUSH MOHANTI / DAILY NEXUS

sophical question that plagues all film critics, one that we must inevitably address: who will enjoy this film? I'd say if you're a fan of Steven, Joel or Ethan, this movie is hands-down a given. For the average moviegoer, this will be a tense experience I promise you'll find rewarding. But if you're

anywhere close to the median age of all the other theatergoers I watched the movie with (which was probably 'round seventy), something tells me you'll see it anyways just because it's your only way to re-watch those cheesy PSAs that told you you could survive a nuke by ducking under your desk.

AS PROGRAM BOARD PRESENTS

FREE TUESDAY FILM: COMING TO AMERICA



TUESDAY NOVEMBER 3RD / IV THEATER
7 & 10 PM

VALID
UCSB ACCESS
CARD REQUIRED

SPECIAL EVENT



DON'T MISS OUT: FRIDAY OCT. 30TH & SATURDAY OCT. 31ST
EVENTS CENTER / DOORS OPEN 8:30PM

GET YOUR TICKETS AT THE AS TICKET OFFICE LOCATED IN THE UCEN//ALSO AVAILABLE AT THE THEATER AND DANCE OFFICE

FOLLOW US! AS PROGRAM BOARD UCSB

@ASPROGRAMBOARD



OPINION

OPINION@DAILYNEXUS.COM

Halloween as it Should Be

When I got accepted to UCSB, Halloween was one of the things everyone would ask me about. I obviously didn't know what it was like because I was 17 and had never so much as smelled what life in Isla Vista would be like. But I'll be damned if I didn't watch video after video of whatever footage some drunk dude-bro with a camera decided to take some time on or around the night of Halloween in I.V. I was fascinated by a place with so many gorgeous girls, so many people my age, so much partying and so much freedom. These obscure video clips coupled with my alumni dad telling me, "One of the saddest days of my life was the day I left Isla Vista," had me doing backflips in my batman costume.

So fast-forward to Halloween weekend my freshman year. At this point I'm good and annoyed that I can't get into my dorm through any of the side doors, and if I see another flyer about keeping things local and safe for Halloween I'm going to freak out. Freshman grumbles aside, I threw together a couple costumes to go out and join the spectacle. I cannot say I didn't have a good time. It was wild to see so many people pouring into the streets dressed in everything from Playboy bunny attire to as much seaweed as one could heap onto themselves while still maintaining a line of sight (maybe not?) to be able to walk around. We did the freshman walk, took it all in, we went to a couple parties at the houses of people we didn't know, just freshman stuff.

It was clear there were a hefty number from people from out of town; it was clear that entire crowd could not all possibly live in this community, and ultimately in terms of overall craziness it wasn't as overwhelming as had been purported. This became increasingly apparent as, in the wake of that weekend, all reports showed it was one of the quieter, safer IV Halloweens in recent years.

A year later Halloween was marked by rain so heavy you'd believe the drought was over. I put

on my bear onesie, and took it off a few hours later without leaving my house. We had friends over, and at times peered outside to see if we were still getting hammered with rain showers. If there were crowds outside (which there were not), nobody in that house cared too much to see what they were doing. It went in the books as a comparatively laid back weekend.

As I've now experienced two Deltopia's and two Halloweens in I.V. I've come to realize something. I think I can speak for a lot of people when I say I've dressed in crazier costumes, had more fun, made

more memories, stayed out later on uncharted nights in Winter quarter than either of the Halloweens here. Now a ton of us are leaving for the weekend, whether it's heading home or going to the Escape festival, we're starting to realize next weekend will probably hold more for us and offer a lesser risk. We live in the best place in the world for college students. It's no wonder this holiday has blown up here, and for a time I'm sure it was something for students to look forward to. If you're bitter about the state of Halloween, or simply don't want to be here for it, that's fine. But remember we live in I.V. and go to UCSB. Nearly every other time of the year we hold it down as where all of our friends wish they went. We can pretend that it's Halloween in January, and forget all about a 6pm noise ordinance just because we feel like it.

Our Halloween has changed, and not in a negative way at all. Our Halloween is still one of the most storied college happenings in the country. Instead of all out debauchery (which I'm sure will still exist this weekend to an extent) we have Fitz and the Tantrums and Snoop Dogg on campus for \$5. Yes, we have Snoop Dogg on campus for \$5. We can once again expect less out-of-towners, less arrests, and less of a mess in our town. Since I've been here I can say I have witnessed a striking culture change in IV. We are actually keeping it local, and we're doing it in a way that hasn't detracted from living here. We have

students volunteering with the police to correspond with residents to help them avoid noise tickets, and there is a prevailing attitude that our weekend isn't going to suffer because out-of-towners can't handle themselves, or don't respect their surroundings. This is our paradise and that isn't changing. So whether you're heading out for the weekend or catching Fritz and the Tantrums and/or Snoop in the Thunderdome, appreciate that we're moving in the right direction. Cheers to a great Halloween, Gauchos!

Jackson is ready for a Halloween based on safe entertainment instead of incarceration.



The Doc on Dangerous Drugs

During my tenure as a Gaucho from '67-'71 (yes I graduated in 4 years), I attended the spectacle that is Halloween in Isla Vista twice. It is rivaled only by Mardi Gras in New Orleans. I have never been to New Orleans, but my internet resources tell me that it's true.

Besides colorful, creative costumes and socializing, alcohol and drugs can be a part of the Halloween experience in Isla Vista.

Alcohol is a "depressant," aka "downer," aka "nadirifier" (I made that last one up). As a "depressant," alcohol slows down nerve activity. Reaction times become slower, making people dangerous drivers. Activity in the area of the brain that has to do with inhibition is lessened to bring about alcohol-induced bravado. The nerves for balance and coordination become weaker bringing about swaying, stumbling, and stammering.

Another effect of alcohol is that it makes people sleepy. Some feel this is a protective mechanism such that if someone is consuming dangerous amounts of alcohol, the body shuts down, causing a loss of consciousness.

However, alcohol is not the only chemical used in Halloween in Isla Vista. Some students choose to use street drugs as well. Some of these drugs, like alcohol, can be "depressants." Examples include marijuana, heroin and hashish. Some drugs are "stimulants," or "uppers," aka "Bring on the chore sheet!" (I made that last one up, also). Examples include cocaine, amphetamines and crack.

While alcohol or drugs, each by themselves, can be lethal, combining drugs and alcohol in the same outing increases that risk exponentially. If a "depressant" or "downer" is consumed with alcohol, the combination

can cause a very severe shut down of the body, resulting in profound loss of consciousness to the point that the basic bodily functions of breathing, pulse and blood pressure can no longer be carried out.

Four Loko, the alcohol and caffeine combination drink, has sadly demonstrated its deadliness already. Stimulants only block the sleepy effects of alcohol. But all the other alcohol related effects continue unabated. This disables the body's self-protective mechanism of passing out when alcohol consumption approaches levels that are harmful to basic bodily functioning. With the safety mechanism of passing out disabled, the student continues drinking unaware that his/her body can no longer tolerate any increase in alcohol level. This can lead to a shutdown of the respiratory center of the brain bringing about a student's untimely demise.

So on that sobering note, here's wishing all Gauchos a happy, fun and safe Halloween. Whether you find yourself in Isla Vista or in one of the many other events going on around campus, be extremely cautious of mixing alcohol and any drug.

We want you around for next Halloween.

Ali Javanbakht, MD is a Board Certified Family Physician and Medical Director of UCSB Student Health: studenthealth.sa.ucsb.edu.

This article is part of the Daily Nexus regular column "THE DOC IS IN" coordinated by UCSB Alcohol and Drug Program staff. Articles feature information and advice from UCSB Student Health clinicians and other health professionals on and around campus.

Bootiful Biceps: Excursion Club Brings the Stoke

If you've ever decided to grab a (insert your watercraft of choice) and paddle out at Sands Beach off Isla Vista, you may have noticed something unique that doesn't exist on most other California beaches. Can you guess what it is? I'm not talking about that sticky black tar on your feet or all those UCSB surf nuts tearing the waves to shreds — many of whom made their college decisions based almost entirely on proximity to the ocean (like me). I'm also not referring to those stupid cruiser bikes with massive handlebars that are always blocking at least two other spaces on the bike racks — I'll save that rant for another article — and I'm not talking about that epic little log-bench on the cliff that nobody ever seems to notice. No, I'm talking about the Germans. The always-smiling, permastoked Germans riding big, foamy surfboards into aquatic battle against King Poseidon's wave-warriors as they make their California dream a reality — a reality provided in full by the notorious Excursion Club.

The Excursion Club is arguably one of the largest and most well-known clubs at UCSB, having attained something of a legendary status among foreign exchange students in particular. By providing students with countless opportunities for outdoor adventures and gear rentals at an unbeatably low cost, the Excursion Club has been fulfilling I.V.'s stoke addiction since the club's foundation in 2003. What is "stoke," you ask? Well, there's really no easy way to describe the Excursion Club without this term, so let's break it down:

Stoked: is to be completely and intensely enthusiastic or excited about something. Those who are stoked all of the time know this; being stoked is the epitome of all being. (Urban Dictionary)

Ex: "When Billy got a shiny new bike for Christmas, he was stoked."

So yes, we all know that the Excursion Club prides itself on being "the most stoked club on campus." Now let me tell you something you probably didn't know. Formerly criticized by some for being a loosely-run organization in which students drink excessive amounts of alcohol in nature, the Excursion Club has taken a new, more professional direction in recent years. In the words of Excursion's president Dillon Cole, "Excursion Club began in 2003 to do what we still do today, which is get people outside. It has changed from formerly being known for partying to eliminating that aspect of the club and collaborating more with the community." Excursion Club has been collaborating indeed, and in the process they have significantly changed their image in the eyes of the community.

Did you by chance attend a "First Friday" event in Isla Vista or the increasingly popular "Meet Your Neighbor Day" at People's Park? Have you ever woken up late on a Saturday morning and seen students whizzing by your house on skateboards, picking up all that trash left from Friday night's carnage? Did you by chance see an enormous group of people paddling out at SB Channelkeeper's S.P.L.A.S.H. event at Devereux Beach, which celebrated the successful restoration of Isla Vista's marine ecosystem? Perhaps you saw some

people last weekend who were kayaking in the little pond behind Embarcadero Hall, doing some hard yard work and cutting overgrown reeds? The Excursion Club was involved in each of these things ... and that's only to name a few! Working often in conjunction with organizations like the I.V. Recreation and Park District (IVRPD) and the Los Padres Forest Association, Excursion Club's staff members have taken a leading role in serving the local community, from simply picking up trash in I.V. to repairing damaged trails in the San Ynez mountains to providing Halloween weekend trips for people trying to avoid the chaos. Therefore, it can be reasonably ascertained that anyone who still thinks the Excursion Club is just about rowdy college students blacking out in nature simply have not done their research.

Despite the fact that Excursion Club doesn't throw huge public parties anymore, it still remains true to its roots by showing its members a really good time — outside of course! Excursion Club currently has its own trailer park on the 67 block of Del Playa where all of its outdoor gear is located and where Excursion staff members regularly hold "office hours" during the week. For the same price as a Netflix membership, you can join the Excursion Club for an entire year and get unlimited access to their outdoor gear (such as surfboards, kayaks, rock climbing shoes, ice axes etc.). This fee does not pay anyone's salary; it goes entirely to purchasing new club gear and keeping the Excursion Park operational. Excursion Club members gain access to multiple "trips" that happen every single day of every week, which are led by roughly 60 Excursion staff members. Trips can consist of anything from free surf lessons to paintballing to Big Sur backpacking trips to going "pirate sailing" in Santa Barbara Harbor. Despite Excursion Club's rising "professionalism," their timeless mottos of "leave no trace, only memories" and "we do it outdoors" still resonate strongly. Excursion Club is definitely not lacking in the fun department.

So if you need to cross some fun outdoor activities off your bucket list and are interested in serving the local community, Excursion Club may be perfect for you. If you're already a member looking to gain leadership experience and meet like-minded people in the process, then you may want to consider applying for Excursion Staff. I write this article not because I am clearly biased as an Excursion staff member but because I am very proud of the hard work that I see my peers putting into this organization, working tirelessly to give fellow students opportunities to get outside and develop new hobbies. I am also very glad to see the positive direction that Excursion Club has taken in light of all these community service events and the ongoing partnership with the IVRPD. So if the time ever comes when you just can't find that new Netflix show to binge on, remember that there's an even better alternative just around the corner. May the stoke be with you!

Since joining Excursion Club, Nik Frey has noticed a significant improvement in his zombie-fighting skills.



THE DAILY NEXUS

LIKE US ON FACEBOOK AND CHECK
OUT OUR WEBSITE

dailynexus.com

fb.com/dailynexus

Classifieds

Call 893-3829
Fax 893-2789
VISA MasterCard

HELP WANTED

FMT donor, paid, for CD patient.
Email jane1995@earthlink.net

SERVICES OFFERED

Wills and Trusts
Get a will from a licensed attorney for the very low price
of \$90. Full trust packages available. www.calwillstrusts.
com 800-529-7866 Peter Stone 800-529-7866.
Email peterlawstone@gmail.com

MISCELLANEOUS

Conference: XVIII Colloquium on Mexican Literature
Conference: XVIII Colloquium on Mexican Literature
Thursday, November 5, 2015/ 4:30 PM
Mosher Alumni
Friday, November 6, 2015/ 9:00 AM
MultiCultural Center, UCSB
Saturday, November 7, 2015/ 9:00 AM
Casa de la GuerraThis year, the colloquium will be dedicated to the theme
of "Real or Fake" in history, culture, literature, cinema,
and other arts in Mexico. The idea is to discern between
an original and a copy, verifying when a work of art, a
discourse, an action, is original or not, and how to know
if it is real or fake, original or a copy. It can even be real,
but not original; a fake can be extraordinary, a copy could
be better than the original, and often times a replica is
a bad copy.We start by asking what constitutes originality in a work
of art. Does originality exist? When is imitation (imitatio)
a model of the times, and when does it become a copy
or perhaps plagiarism? What happens when a piece of
work is a copy of another copy of yet another one?

Email julissapena@uail.ucsb.edu

ACROSS

- 1 SoCal enforcement squad
5 "12 Angry Men" star Henry
10 Swimming spot
14 Seat of Allen County, Kansas
15 Queen _____ lace
16 Cherub, in Chambéry
17 Fill-in-the-amount document
19 Actress Ward
20 Made sure of
21 Dines at home
23 Place to check your balance, briefly
25 Expanding bullet
28 Feathery scarves
30 Put down, in slang
31 Marinara sauce brand
32 Bear witness
35 Stun, as a perp
37 Uncomprehending look
41 French girlfriend
42 Soviet newspaper
45 Horoscope columnist
49 Opening for a chorus line
51 Free from bias
52 Like men modeling swimming trunks
56 Family animal
57 With perfection
58 Roofing piece
60 Prefix with sphere
61 Insincere talk, and a hint to the starts of this puzzle's four other longest entries
66 Wife and sister of Osiris
67 Seated yoga position
68 Increase, as prices
69 Loch with a monster
70 Garden tool
71 Crooner Williams

- 3 Flat panel in many a sports bar
4 Funnyman Carvey
5 Ipso _____
6 Waiting to talk to a real person, say
7 Peoria-to-Green Bay dir.
8 End-of-year abbr.
9 Out of kilter
10 Sunday speaker
11 Baby shower bodysuit
12 Leering at
13 Makeshift shelter
18 Electric bill meas.
22 Pop up
23 Lawyer's gp.
24 Day care attendee
26 Ignores the trash can
27 Mama bears, in Spain
29 Dead _____ Scrolls
33 Not widely available
34 Scottish hat
36 Gas additive brand
38 Nick at _____
39 WWII fliers

- 40 Tony-winning role for Patti LuPone
43 Roller with pips
44 Gallery showing
45 Gain possession of
46 China's _____tung
47 One of the Musketeers
48 Freshen, as the salad
50 Available for breeding
53 Sexy-looking shoes
54 Steven's wife on "Family Ties"
55 Margery of kids' rhyme
59 Frat party wrap
62 Unruly head of hair
63 School support org.
64 Flop
65 Undercover agent

ANSWER TO PREVIOUS PUZZLE:

S	T	P	A	T	A	W	E	D	L	O	B	O
P	R	E	G	O	C	H	E	R	A	L	I	A
R	A	T	E	D	H	O	L	Y	N	D	A	K
A	S	T	R	O	N	O	M	Y	C	L	A	S
T	H	Y	L	E	O	L	A	I	C			
			L	I	Z	S	T	E	W	H	I	D
E	D	G	E	S	T	A	R	A	O	N	O	
M	I	L	I	T	A	R	Y	U	N	I	F	O
M	A	O		L	O	S	E	N	O	L	I	E
A	L	S		A	L	T	O	D	D	E		
			S	L	O	E		R	U	E	E	R
			H	O	L	L	Y	W	O	O	D	M
J	A	V	A		C	A	P	N	A	B	I	D
A	H	E	M		A	X	E	D	N	O	T	E
R	A	R	A		T	Y	R	O		D	E	E

xwordeditor@aol.com

05/06/14

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
17				18					19			
20									21	22		
23	24			25		26	27					
28				29		30			31			
32				33	34		35		36			
37						38			39	40		
41									42			43
44												
45	46	47	48			49		50		51		
52					53			54	55		56	
57								58		59		
60						61	62	63			64	65
66						67				68		
69						70					71	

By Pam Amick Klawitter
(c)2014 Tribune Content Agency, LLC

05/06/14

DOWN

- 1 Ad-____: improvise
2 Internet giant

SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

Level: 1 2 3 4

		9	7		3							
	2	4						9			1	
	8											
7		1	5	4				8				
				3								
		5		8	7	4				2		
										4		
8		2						5	3			
				8		5	6					

SOLUTION TO MONDAY'S PUZZLE

5/6/14

6	5	1	3	8	7	4	9	2
7	3	4	9	2	1	6	8	5
8	9	2	6	5	4	3	7	1
3	2	5	1	7	6	9	4	8
1	7	8	2	4	9	5	6	3
4	6	9	5	3	8	1	2	7
2	4	3	8	6	5	7	1	9
5	1	6	7	9	2	8	3	4
9	8	7	4	1	3	2	5	6

Complete the grid
so each row,
column and
3-by-3 box
(in bold borders)
contains every
digit, 1 to 9.
For strategies on
how to solve
Sudoku, visit
www.sudoku.org.uk© 2014 The Mephram Group. Distributed by
Tribune Content Agency. All rights reserved.

DAILY HOROSCOPE

Aries (March 21-April 19) -- Today is a 7 -- Mercury
enters your sign today. Expect high energy and creativity
for the next several weeks. Accept a challenge. Some
projects won't bring in any money, but satisfy with concrete
impact. Disciplined efforts at home reap rewards. Simple
fun with family and friends fulfills you.Taurus (April 20-May 20) -- Today is a 6 -- Continue to
increase savings with discipline. For nearly three weeks
with Mercury in Aries, ponder a situation and possible
strategies. Creative ideas come easier. Your education
and experience pay off. You can get whatever you need.
Handle disagreements in private. Finish up old business.Gemini (May 21-June 20) -- Today is a 6 -- Friends
provide inspiration and understanding. For the next
three weeks with Mercury in Aries, group activities go
well. Your team's hot. Deadlines could creep up on you...
discipline with the schedule keeps it on track, including
booking time for the unexpected.Cancer (June 21-July 22) -- Today is a 7 -- Speculate
on different career pathways over the next three weeks.
Hold on to your self-discipline, and your tongue. If you
receive unreasonable requests, play it conservative for
now. Keep your options open, and make a list. Check
it more than twice.Leo (July 23-Aug. 22) -- Today is a 5 -- You can't be
two places simultaneously. Schedule with discipline, and
decrease your obligations. Take one step at a time. For
nearly three weeks, travel and adventure beckons. Make
plans that include intellectual stimulation and creative
projects. Free up time by delegating to an expert.Virgo (Aug. 23-Sept. 22) -- Today is a 6 -- Plans could
get disrupted. Go back to the drawing board. Increase
organization and decrease clutter. Friends offer solutions.
Communication and clever action lead to profits over
the next three weeks, with Mercury in Aries. Count your
winnings, and squirrel away part of it.Libra (Sept. 23-Oct. 22) -- Today is a 6 -- A change in
plans may be required, with differing priorities and new
obligations. Figure out tactics and options. Consider
details. Communication with partners opens doors over
the next three weeks, with Mercury in Aries. Compromise
comes easier. Delegate more. Speak your heart.Scorpio (Oct. 23-Nov. 21) -- Today is a 6 -- There's more
creative work coming over the next three weeks, with
Mercury in Aries. Express the possibility of a project in
writing. Revise plans and budgets for a stable foundation.
Stay quiet, to avoid misunderstanding or a conflict of
interest (and focus on your research).Sagittarius (Nov. 22-Dec. 21) -- Today is a 6 --
Conditions are improving. Articulate the goal, and get
playful. For the next three weeks, it's easier to express
your heart with Mercury in Aries. Build up the fun level.
Communicate your passion. Tell (or listen to) a romantic
story. Write, record and create.Capricorn (Dec. 22-Jan. 19) -- Today is a 7 --
Disciplined efforts with a partner provides solid results.
The competition's fierce. Get into household projects
with Mercury in Aries for the next three weeks. Have
your home express your family's special quirkiness.
Indulge creative talents and instincts. Make a detailed
plan before purchases.Aquarius (Jan. 20-Feb. 18) -- Today is a 6 -- Balance
studies and work with time outdoors to decrease stress.
Over the next three weeks with Mercury in Aries, words
come easily, and you're sharp as a tack. Capture your
research in writing and images. Stand up for an important
cause. Connect the dots.Pisces (Feb. 19-March 20) -- Today is a 6 -- Patience,
thrift and quiet efforts behind the scene move your project
ahead. Over the next three weeks, use your budget
to track spending and find ways to work smarter and
more efficiently. Develop new sources of income. New
information influences your personal direction. Quietly
consider.

ON THE MENU

ONTHEMENU@DAILYNEXUS.COM

Resurrected Recipes:

Five gross recipes risen from the dead to haunt your kitchen



TAYLOR NGUYEN / DAILY NEXUS

Collin McLeod
Reporter

Halloweeners, brace yourselves. While you are gearing up for your night of sugary (and maybe alcoholic) feasting, there is evil afoot. No, I am not talking about spirits nor am I talking about the offensive Caitlyn Jenner costume that your least favorite bro will inevitably wear this year. I am talking about the rise of the dead. It is said that the dead walk freely among the living every Halloween, starving for human flesh. To prepare you for the possible upcoming paranormal visit, here are some resurrected recipes — which really should just have stayed dead — from the great beyond that will ward off the bloodthirsty heathens of Halloween. In other words, here is how to ensure Halloween in I.V. will be kept local this year.

Russian Congealed Salad

Once thought to be the pies de resistance of every 1950s dinner party, congealed Jell-O salads humbly passed on as one of the worst ideas ever. Not even the pretty design can help this odorous monster. One bite of this slimy, limey, cheesy monstrosity and it would be no surprise that Halloween haunts would want to stay far away from you.

Liver Sausage Pineapple

No, this is not a joke. People had to have traveled to the deepest depths of hell to find this one. Who am I kidding? Lucifer probably handwrote the entire 1953 *Better Homes and Gardens New Cookbook* himself. Pineapple-shaped processed pig liver studded with green olives, set in gelatin and iced in mayo. It just screams health, right? A few bites will probably turn you into one of the walking dead, but that should definitely be enough of a sacrificial act to get your newfound dead friends to leave you alone.

Peanut Butter and Mayonnaise Sandwiches

This cuisine atrocity is brought to you by the darkest days of the Great Depression. People could not afford real meals, so they went with what they had available. What they squished together was a salty mess of peanut and egg paste that can only be described as an affront to the senses. Having a platter of these abominations for your dead company would be perfect for locking their jaws tightly shut.

Bleu Cheese Mousse

Speaking of abominations. This tangy atrocity was featured in a 1973 issue of *Bon Appétit* magazine where it rightfully rests in peace. Do not get me wrong, I love blue cheese, but the idea of a cold, creamy, pungent paste made from sour cream, cottage cheese and blue cheese set in gelatin makes me queasy. Images of cold dog vomit come to mind. I would not even serve this as a way to keep away the dead. It is just too cruel.

Cranberry-Mayo Salad

Need to conduct a séance for spiritual protection from the dead? Feeling hungry in the process? Well forget Pinterest for inspiration. Light up some of these cranberry citrus bologna barbarities and you have got yourself a satisfying séance. Because screw human decency. I want to eat a meat-scented mayo candle. Has anyone contacted Bath & Body Works about this yet?

Scary Foods You Should Try This Fall

Marisa Ratchford
On The Menu Editor

Crickets:

More and more eco-friendly consumers are jumping on this bandwagon as their protein source. A drought-friendly option which is easy to raise, crickets are a staple in many cultures across the globe. Fry them up, dip them in chocolate or season them with chili pepper; think of this bug as your new favorite protein-packed chip. The best part, they are super cheap, usually only a dollar a dozen from my Pet House employment experience. Head to your local pet store and pick up a fresh bag. Lizards can eat them, why can't we? Here is a recipe I double-dog dare you to try!



AARENADVENTURE.BLOGSPOT.COM

Cricket Fritters

- 200 grams (~0.8 cups) flour
- 1 cup water
- 1 cup crickets, chopped (pre-boiled but not roasted)
- 1 cup water
- 1 teaspoon chili paste
- 1/2 of a large red onion, finely chopped
- 1 red chili, thinly sliced
- 3 small chives, cut to 1-inch strips
- 1/2 cup cooked corn kernels
- 1/4 cup fresh ginger, finely chopped and pre sautéed for a minute in separate pan
- 1/4 cup finely chopped fresh cilantro leaves
- 1/2 tsp. salt

1. Mix flour, chili paste, salt and water and combine until the texture is smooth. The texture should be thick, not watery.
2. Throw in the chopped onions, chives, ginger, sliced chili, corns and crickets, and combine.
3. Heat a large pot with cooking oil. When the oil is heated properly, it's time to cook.
4. Scoop a spoonful of the mixture and drop it into the oil for frying. Don't put too many pieces in at one time, as they need room to fry around until they turn a golden brown color, which should take about three- five minutes.
5. Transfer to a cooling rack and repeat with remaining mixture.
6. Serve with rice and garnish with chopped cilantro leaves.

Courtesy of [insectsarefood.com](#)

Potted Meat:

This North American "delicacy" courtesy of Hormel, is like spam had a relationship with bologna and this product is their bastard child. Composed of a list of disgusting varying meats, I don't even know why this would be a popular product. Despite my disbelief, it can be found almost anywhere

in North America. If you're brave, here is something you can try.



FANATICCOOK.BLOGSPOT.COM

Potted Meat and Egg Sandwiches

- 1 can potted meat
- 6 eggs, scrambled
- 1/2 small bell pepper, diced
- 1/2 small onion, diced
- 1 medium pickles, diced
- 1 tbsp. mayonnaise

1. Scramble eggs until soft.
2. Mix all ingredients together.
3. Make sandwiches.

Courtesy of [cooks.com](#)

Earthworms:

What? It's just Spaghetti, right? These little buggers can be a tasty treat and a low-caloric solution for your diet needs. With only one calorie per cooked gram of worm and 97 percent protein, they make for a healthy snack that just happens to be available worldwide. Although it may be oh-so-tempting to just slither this into your stomach raw, it's best to cook them to avoid diseases and bacteria they may be carrying. Allow these creepy crawlers to be your main course this fall.



SUNFLOWERSTORYTIME.COM

Earthworm Chow

- 1 cup earthworms
- 1/2 large onion, chopped
- 1/2 cup water
- 1 bouillon cube
- 1 cup yogurt or sour cream
- 3 tbsp. butter
- 1/2 cup mushrooms
- 1 cup whole wheat flour

1. Wash earthworms thoroughly and place in boiling water for three minutes. Pour off water and repeat the boiling process twice.
2. Bake on cookie sheet at 350 degrees F for

- 15 minutes.
3. Roll the worms in flour, brown in butter, add salt to taste. Add bouillon and simmer for 30 minutes.
4. Saute onions and mushrooms in butter.
5. Add onions and mushrooms to the worms. Stir in sour cream or yogurt. Serve over rice or noodles

Courtesy of [cooks.com](#)

Squeeze Bacon:

Who knew someone could make bacon sound so repulsive? But, hey, this is the land of dreams and if someone wants to contort America's favorite meat into a squeezable, artificial monstrosity, then, god damn it, they can. I'd be weary of this one. Although it seems the most familiar, it just concerns me that a solid food could ever be manipulated into a semi-liquid form of a brownish hue. This product is straight from Sweden and can be ordered online. Here is a recipe to make your own rendition of this "squeeze" product to adorn your cheeseburgers with.



FLICKR.COM

How to Make Your Own Squeeze Bacon

- 1 lb. bacon
 - 1/4 cup flour
 - 1/4 cup water
 - 1/3 cup maltodextrin
1. Cook up your bacon. You are going to want to make sure it is crispy.
 2. Once done, wrap bacon in paper towels to remove as much of the grease as possible.
 3. Once bacon has cooled and the grease is removed, wrap bacon in a new set of paper towels. Beat the bacon with a meat tenderizer (or the blunt object of your choosing). Continue doing this until the bacon is pretty much powdered.
 4. In a small bowl, combine water and Maltodextrin. Stir well. Now add the flour and stir until mixture is smooth.
 5. Add your bacon to the mixture in the bowl. Stir to combine well.
 - (Optional) If you want the mixture to be smoother, place in a blender or food processor. Let it go on high until smooth.
 6. Move mixture into a squeeze bottle.
 7. Enjoy on anything that you want to put bacon onto.

P.S. Since this mixture has no preservatives, it will only hold in the refrigerator for a few days.

Courtesy of [stlcooks.com](#)

SCIENCE & TECH

SCIENCE@DAILYNEXUS.COM

Get The Facts:

Adderall: Proceed With Caution

Anicia Sarzosa
Reporter

Most commonly used to treat attention deficit hyperactive disorder (ADHD), Adderall has gained popularity in recent years as a “study tool” among college students during testing seasons. Although Adderall and its counterparts Ritalin and Vyvanse are prescription medications, they are readily found throughout college campuses as students buy the powerful pill from fellow peers with prescriptions. Due to its mixture of amphetamine and dextroamphetamine, it acts as a stimulant to give users a heightened sense of focus and concentration, and may also be used to treat sleeping disorders. Despite the desired pros that make this drug highly desirable to students, its likelihood of causing physical and psychological dependence make it a dangerous devil to dance with.

According to a report by CNN, “short-term adverse consequences include sleep difficulties, restlessness, headaches, irritability and depressed feelings. Other side effects include loss of appetite, nervousness, and changes in sex drive.”

Although the short-term effects leave much to be wary of, the more daunting long-term aftermath of Adderall use is its risk for generating symptoms of dependency and withdrawal in its users. Anthony Rivas of Medical Daily describes how the medication’s likelihood for addiction is so high that it is classified among other conventionally dangerous drugs.

“Adderall sits with heroin, cocaine, and methamphetamine on the Drug Enforcement Administration’s Schedule II list of substances. That list classifies the drug as one with a high potential for abuse, with the ability to lead to psychological and physical dependence.”

Students who abuse this drug may find themselves fiending for their next pill. Soon enough, those who consistently take this drug may find themselves unable to perform daily functions without the assistance of their so-called “study tool.” Regardless of the sense of purpose and motivation acquired through the use of Adderall, its outlasting effect on the mind and body far outweighs its benefits.



Photo courtesy of USA Today

Molly, Molly, Molly



Photo courtesy of National Today

Tara Sharifi
Reporter

Methylenedioxyphenethylamine (MDMA), commonly known as “Ecstasy” or “Molly,” is one of the most popular recreational tablets that has been hitting the dance and party scene for years. Ecstasy is usually sold in the forms of pills that come in colors and logos, depending on the producer or provider, and has gained a deceiving reputation as being one of the safer drugs on the market. The “club drug” continues to be used by millions of Americans, especially young adults, despite the known truth of the actual harmful effects that could occur.

Decoding the myths of MDMA and the effects has to be the first step in the solution of breaking the glamorized image of usage. Since MDMA provides a positive immediate experience of emotional warmth, a heightened energy level and even a euphoric sense of feelings, there is a deadly dose of mistruth about the genuine effects. The primary actuality about MDMA pills or tablets is that most are not even made of pure “ecstasy.” The dangerous concoction compacted together ranges from PMA (similar to MDMA but more lethal in smaller doses), rat poison and a plethora of other chemicals not associated with the drug itself. As reported by *ecstasydata.org*, a website that allows access to lab testing results for the tablets, in 2015, only 31 percent of pills tested were pure MDMA.

The health risks of using anything sold claiming to be MDMA entirely depends on what is compacted together. Since there is no way of telling what is actually in “ecstasy” until the user has already swallowed it, the unpredictability adds to the risk of the drug. There are a few generalized harmful effects that are similar in some users. The first deadly effect is that once someone has “popped a molly [and starts] sweatin,” as rapped by Trinidad James, their body temperature spikes. According to *drugabuse.gov*, while combined with vigorous physical activity [raving, dancing, etc.], the rise in body temperature is considered “hyperthermia,” which can “rapidly lead to muscle breakdown” that can continue to “kidney failure.”

Another risk is that MDMA quickly enters the bloodstream and prevents the body from being able to break down the drug. So, taking another tablet without allowing a significant amount of time, MDMA could produce high blood pressure levels and heighten all effects of the drugs mixed within. Nearly all the effects, blended together with long term usage, ultimately lead to death of the individual. There could also be long-lasting confusion, depression and even decreased interest in sex. All of which an individual clearly would not wish to experience.

Not So Heroic, Heroin

Stephanie Pernett
Reporter

First synthesized in 1895 by Heinrich Dreser, who worked for the Bayer Company in Germany, heroin was originally marketed as treatment for a variety of illnesses, such as asthma, bronchitis, tuberculosis and phthisis — any progressively wasting condition. When it reached the U.S. in the early 1900s, it was seen as a potential solution to the increasing problem of morphine addiction since it was advised as “non-addictive.”

Heroin is a derivative of opium, derived from the unripe seedpods of the opium poppy. Heroin, along with codeine and morphine, is created after some chemical altering. Due to this, its effect are similar to those of opium abuse.

According to *pbs.org*, “Heroin causes a pleasant, drowsy state, in which all cares are forgotten and there is a decreased sense of pain (analgesia).” This effect led it to being called “heroisch,” the German word for “heroic” by German doctors.

Once ingested, it is metabolized as morphine. As stated by *drugs.com*, “The short-term effects of heroin abuse appear soon after a single dose and disappear in a few hours. After an injection of heroin, the user reports feeling a surge of euphoria (the “rush”) accompanied by a warm flushing of the skin, a dry mouth, and heavy extremities.” Other effects that happen to the body include slowed breathing, slowed and slurred speech, dilated pupils, nausea and vomiting, as well as constipation.

With regular heroin use, the abuser develops a tolerance, which leads them to use more and more in order to achieve the same effects. If injected, chronic use can lead to collapsed veins. *Pbs.org* also lists “infection of the heart lining and valves, abscesses, cellulites, and liver disease” as other effects from long term use.

Over time, higher doses are used and a physical dependency and addiction develop. The body has become accustomed to the drug and without regular use, the user will experience withdrawal symptoms. The effects of withdrawal include restlessness, muscle and bone pain, insomnia, diarrhea and vomiting, cold flashes with goose bumps (“cold turkey”), kicking movements (“kicking the habit”), along with others. While heroin withdrawal is occasionally fatal, it is considered less dangerous than alcohol or barbiturate withdrawal.



Photo courtesy of WBHM

Commonly Abused Drugs

Say No to the Coco

Erendira Garcia
Reporter

Although not a new trend, cocaine use has been portrayed in media — from soap operas to trap music — as an increasingly glamorized lifestyle. Cocaine has had a tumultuous history and continues to be one of the most consumed and demanded drugs to cross U.S. borders. But what is it and why is it so controversial?

Cocaine is a substance that comes from the *erythroxylum coca* plant that grows in South America. The leaves have been used since the 17th century for medicinal purposes and many workers still chew it today to alleviate hunger pains and elevation sickness. To turn the coca leaf into the powdery substance most of us recognize, the leaves undergo a multistep chemical process. The coca leaves are soaked in gasoline and other chemicals including ammonia and sulfuric acid, filtered and heated to produce the powder or crystal form of cocaine hydrochloride. The cocaine is then distributed, most often via drug cartels, to countries all over the world. According to Business Insider, almost all of the world's cocaine supply is made in Columbia, Peru and Bolivia. Obtaining pure cocaine, however, is not guaranteed. Some of these chemicals include caffeine, designer drugs and meth.

"It is very, very, very, very rare that you get cocaine pure, so students are unaware often what they're taking and that's what causes a lot of risk and problems, because cocaine is often cut with many, many harmful chemicals," Lacey Johnson, counselor and educator for UCSB's Alcohol and Drug Program, said.

On the consumer level, how does cocaine affect the brain once in the body? Cocaine can be administered in several ways: absorption through nasal tissue (snorted), diluted into water and injected or — if the crystal substance is obtained — smoked. Once in the body, cocaine takes over the part of the central nervous system that is responsible for rewarding us with the feel-good chemical, dopamine, released when we do things such as eat, drink or have sex. Normally, dopamine crosses gaps between nerves and receptors at regulated levels and then returns to the original nerve cell to be reused later. Cocaine increases dopamine levels by 400 to 800 percent above normal levels. It also blocks the dopamine from returning to the nerve cells that released it, so dopamine builds up very quickly, giving users a feeling of euphoria,

happiness and alertness.

While the high of cocaine feels really good, it does not last very long. Cynthia Kuhn, author of *Buzzed: The Straight Facts About the Most Used and Abused Drugs from Alcohol to Ecstasy*, writes, "Liver and blood enzymes degrade about half of a cocaine dose in about an hour. This means that a user is usually ready for another dose in about forty minutes or less."

"After people do coke, usually people felt so, so good that now that the [reward-pleasure pathway] factory has depleted what it has so people will feel depressed and irritable because there's nothing there to help you," Johnson said.

On its own, cocaine has many risks, including damage to brain cells, seizures, constricted arteries, vascular disease, damage to the nose and risk of addiction. Heavy users are susceptible to strokes, brain bleeds and memory and thought deficits. When alcohol is added to the mix, as it often is, a whole new compound is created that has more adverse effects. Alcohol and cocaine create a highly toxic chemical in the liver called cocaethylene that increases the likelihood of an early heart attack or sudden death. In addition, cocaine masks the effect of alcohol, which leads to higher BACs.

"People will be drinking and feel really drunk, and then they'll do a line and think 'Oh, I don't feel as drunk anymore, I can have another beer,'" Johnson said. "Really, they're just as drunk — nothing has changed in their blood, but they don't feel as drunk so they tend to drink more and their BACs climb. Also, mixing alcohol and cocaine speeds up the metabolism, so alcohol reaches the brain faster."

The drug is often part of the "work hard, play hard" mentality that is popular among many college campuses. According to a study done at School of Public Health in Maryland, 13 percent of students had used cocaine by their fourth year in college. Programs like UCSB's Drug and Alcohol Program aim to decrease harm and increase safety.

"We want to help students make healthy and safe choices," Johnson said. "We help students weigh out their risks with the understanding that students are adults and they have to make their own decisions. We want to make sure students know every risk that is involved."



AUSTIN BERNALES/ DAILY NEXUS

The Scoop on Tobacco Hint: It's Deadly

Mackenzie Gorman
Reporter

Smoking is the single most preventable cause of death in the United States. According to the Centers for Disease Control (CDC), nearly one in five people die from tobacco use, which accounts for 480,000 premature deaths every year. Additionally, six million people worldwide die from tobacco-related causes, and this number is projected to increase if the smoking trend continues. So why do people do this to themselves? Why do they risk their lives for tobacco? The answer is the tricky little chemical compound in tobacco called nicotine. Nicotine makes tobacco incredibly addictive. As a result, tobacco users continuously smoke cigarettes or use smokeless tobacco, even while knowing it is harmful to their health.

As of Jan. 2014, UCSB became a smoke- and tobacco-free campus. This is for good reason: tobacco smoke affects not just the person smoking the cigarette, but the people around them as well. However, there is still a large population of people lighting up around and off campus. Let's walk through both the short- and long-term effects of smoking on the body. The consequences may be more substantial than the average person realizes.

How Stuff Works states that after the first puff, cilia — the little hairs that line the throat and nose — are immediately paralyzed and can possibly be killed by the smoke. This prevents them from being able to sweep bronchial tubes and lungs to keep them clear. The "smoker's cough" that we often hear about is the cilia coming back to work after being paralyzed, and cleaning up with a fury.

In addition, the tar inhaled from the cigarette kills healthy lung sacs, called alveoli, and sticks to the inner membranes of the lungs, resulting in breathing impairment. The American Cancer Society states that smokers experience shortness of breath, especially with any physical activity due to damaged alveoli. Because the body has replaced much of its oxygen with carbon monoxide, the heart has to work harder to provide adequate oxygen, resulting in increased heart rate. This can also cause an arrhythmia, meaning your heart beats irregularly. Furthermore, sense of taste and smell decrease due to tar-coated

tongue and nasal passages. Smokers will also experience increased blood pressure and constricted blood vessels leading to wrinkles, often called "smoker's face." Fertility in both men and women is affected. Basically everything that comes in contact with tobacco smoke is affected: blood, lungs, skin, the heart and more.

And what about the long-term effects? The *Journal of Dental Education* details the three factors contributing to tobacco addiction: nicotine addiction, psychological dependence and sociocultural factors. Once nicotine has snared a person into addiction, there is an abundance of diseases and long-term health problems that tobacco can bring about. The CDC states that tobacco can cause almost any type of cancer. Smoking raises one's likelihood of developing coronary heart disease or having a stroke dramatically. It raises overall likelihood of cardiovascular disease, or associated symptoms, as well as chronic obstructive pulmonary disease (COPD). With the exception of lung disease, smokeless tobacco has all of the same negative effects and health risks.

If you are a tobacco user, you can still save your health and your life by quitting immediately. Within just one year of quitting, a person's risk of heart attack drops sharply, according to the CDC. Within two to five years after quitting smoking, risk of stroke drops to that of a non-smoker. Quitting is worth it. Douglas Thrower, professor in molecular, cellular and developmental biology at UCSB, has something to say to those who use tobacco at our school.

"My message to those who use tobacco products is this: Yes, quitting is hard, but so is letting your family and friends watch as you slowly waste away from a disease that likely could have been avoided."

So put down the cigarette or chewing tobacco and pick up a notebook, surfboard or new hobby. Research ways to quit. Reach out to friends and family for help. Do yourself and all of your loved ones a huge favor and stop now before you cause any more damage. We all Gaucho back.

For more information on drug or alcohol use and services offered by the Alcohol & Drug Program, visit alcohol.sa.ucsb.edu or call (805) 893-5013.

PASSPORT TO PHOTO SAVINGS
\$300 WORTH OF SAVINGS INSIDE

FREE

FREE CLASS
Samy's Photo 101

\$50 OFF

FREE

PASSPORT TO PHOTO SAVINGS
\$300 WORTH OF SAVINGS INSIDE

United States of Samy's Camera
—Play Samy's—

FREE WITH EVERY CAMERA PURCHASE YOU'LL RECEIVE A PASSPORT TO PHOTO SAVINGS COUPON BOOK WORTH UP TO A \$300 VALUE

Samy's Camera

SPOOKTACULAR SAVINGS



9.2
MEGAPIXELS

FULL HD
1080

Wi Fi

AVCHD

XAVC S

SONY
make.believe

HDR-PJ440

HD Handycam Camcorder
WITH BUILT-IN PROJECTOR

- Exmor R CMOS sensor
- 8GB Internal Memory, Media Card Slot
- Built-In Projector
- Zeiss 30x Optical Zoom Lens
- Optical Steady Shot Image Stabilization

\$399⁹⁹

NO TAX!



20.6
MEGAPIXELS

4K

Wi Fi

BIONZ X

SONY
make.believe

FDR-AX33

4K Ultra HD Handycam Camcorder

- 1080p Up to 60fps
- 29.8mm Zeiss Vario Sonnar T* Zoom Lens
- 10x Optical Zoom & 20x Clear Image Zoom
- Balanced Optical SteadyShot

\$999⁹⁹

NO TAX!



8.8
MEGAPIXELS

4K

Wi Fi

AVCHD

Panasonic HC-X1000

4K DCI/Ultra HD/Full HD Camcorder

- 1/2.3" MOS Sensor
- Leica Dicomar 20x Optical Zoom Lens
- Individual Focus, Zoom & Iris Lens Rings

\$2797⁹⁹

NO TAX!

ENDS 10/31/15

\$2997.99 - \$200 INSTANT REBATE

SPECIAL!

NEW LOW PRICE!



D3300
with 18-55mm lens

At the heart of the image™

- Shoot in low light with high ISO sensitivity, create high-resolution panoramas
- 5 fps Continuous Shooting
- 100-12800 ISO (Expandable to 25600)

FREE 32GB SD CARD & BATTERY

WU-1A WIRELESS MOBILE ADAPTER
\$59.95 - \$59.95 INSTANT REBATE
W/ PURCHASE OF D3300 KIT

SAVE \$259⁹⁵

\$0⁰⁰

ENDS 10/31/15

24.2
MEGAPIXELS

EXP. EED 4

\$446⁹⁵

\$646.95 - \$200
INSTANT REBATE

Nikon Authorized Dealer ■
ALL NIKON PRODUCTS INCLUDE NIKON INC. USA LIMITED WARRANTY. AUTHORIZED NIKON DEALER, NIKON USA INC.

3 Legged Thing®

EVO3 ROGER

Aluminum Tripod & Mohawk Ball Head

- New Tri-Mount plate for multiple devices
- D-Ring & Carabiner assembly
- Detachable monopod, boom & selfie stick
- ParaLock leg locking system with new TPR 80 Grips for all weather conditions
- Peak Design & Arca Swiss compatibility on Quick Release Plate
- 66lbs. Load Capability

\$199⁰⁰



westcott.

3-LIGHT STROBELITE PLUS KIT

2 strobelite plus & 150ws strobelite

2 Strobelite Plus, a Strobelite, 2 24" x 32" Strobelite Softboxes, a 17" x 50" Strobelite Softbox, 3 Adapter Rings, 2 8.5' Light Stands, and a 6.5' Light Stand

\$699⁹⁰





PENTAX
645Z TWO LENS KIT
includes 55mm f/2.8 & 75mm f/2.8 lenses

- Prime III Image Processor
- 3.2" 1037K Dot Tilttable Air-Gapless LCD
- SAFOX II TTL 27 Point Autofocus System

\$6495⁰⁰ **NO TAX!**

\$7695 - \$1200 INSTANT REBATE
ENDS 10/31/15

SAVE \$1200

51.4
MEGAPIXELS

FULL FD
1080

ISO
204,800

Up to 3.0
Frames Per Sec



SAVE \$200

24
MEGAPIXELS

FULL HD
1080

PENTAX
K-3 II DSLR CAMERA BODY

- PRIME III Image Processor
- 3.2" 1.03m-Dot LCD Monitor
- ISO 100-51200, 8.3 fps Shooting
- Shake Reduction & Pixel Shift Resolution

\$698⁹⁵ **NO TAX!**

\$898.95 - \$200 MAIL-IN REBATE



SAVE \$200

20.2
MEGAPIXELS

FULL HD
1920 x 1080

Wi Fi

DiGiC
5+

Canon
EOS 70D BODY

- 7 fps Shooting at Full Resolution
- 3.0" Vari-Angle Touchscreen
- Dual Pixel CMOS AF with Live View
- Native ISO 12800, Extended to ISO 25600

\$999⁰⁰ **NO TAX!**

\$1199 - \$200 INSTANT REBATE

ALL CANON ADVERTISED MERCHANDISE INCLUDES CANON USA 1 YEAR LIMITED WARRANTY REGISTRATION CARD.



24.3
MEGAPIXELS

4K

XAVC S

Wi Fi

BIONZ X

SONY
make.believe

α7 III BODY

- 5-Axis SteadyShot INSIDE Stabilization
- Enhanced Fast Hybrid AF and 5 fps Burst
- Weather-Resistant Magnesium Alloy Body

\$1698⁰⁰ **NO TAX!**

Sony Authorized Dealer



NEW!

SAVE \$100

DJI **12** MEGAPIXELS **FULL HD 1920x1080** **WiFi**

PHANTOM 3 STANDARD
 Quadcopter with 2.7K Camera & 3-Axis Gimbal

- GPS for Enhanced Stability & Failsafes
- Auto-Takeoff / Auto Return Home
- Up to 25 Minutes Flying Time

\$699⁹⁹ **NO TAX!**

\$799.99 - \$100 INSTANT REBATE



3DR

SOLO QUADCOPTER
 (No Gimbal)

- Capture Aerial Photos/Video with a GoPro
- Linear Tracking with Cablecam Mode
- Follow Me: Tracks Your Mobile Device

\$999⁹⁹ **NO TAX!**

ENDS 10/31/15

HORIZON
 H O B B Y

FAZE
 Ultra Small Quadcopter

Easy to use flip mode

- Compact 2.4GHz transmitter
- USB charge cable gets you back flying in minutes
- 2 AAA transmitter batteries included
- 4 replacement propeller blades

3 FOR \$60⁰⁰

OR \$24⁹⁹ EACH

NO TAX!

SAVE \$15






Tokina
AT-X 116 PRO
DX-II 11-16mm
f/2.8 Lens

An ultra-wide angle autofocus zoom lens with a fast constant f/2.8 maximum aperture.

\$449⁰⁰ **NO TAX!**

\$479 - \$30 INSTANT REBATE



ZEISS

**Normal 50mm
f/1.4 ZE Planar T*
Manual Focus Lens**

A high-speed standard lens for the exacting 35mm SLR photographer.

\$625⁰⁰ **NO TAX!**

\$725 - \$100 INSTANT REBATE



TAMRON
16-300mm f/3.5-6.3
Di II VC PZD
MACRO Lens

A wide-angle to telephoto zoom lens that features a versatile 35mm equivalent focal length of 25.6-480mm.

\$599⁰⁰ **NO TAX!**

\$629 - \$30 MAIL-IN REBATE



ROKINON
24mm T1.5
Cine DS Lens

Hybrid aspherical lenses render sharply defined images with a minimum of distortion and chromatic aberrations, with a minimum focus distance of just under 10" from the lens.

\$799⁰⁰ **NO TAX!**



SIGMA
17-70mm f/2.8-4
DC Macro OS
HSM Lens

This lens has a 35mm-equivalent focal length range of 27.2-112mm, providing wide-angle to portrait-length angles of view for use in everyday shooting situations.

\$399⁰⁰ **NO TAX!**

\$499 - \$100 INSTANT REBATE



TAMRON
SP 24-70mm f/2.8
DI VC USD Lens

This lens delivers a very useful range from 24mm true wide-angle to 70mm short telephoto, useful for landscapes, interiors, portraits, street photography and much more.

\$1099⁰⁰ **NO TAX!**

\$1299 - \$200 MAIL-IN REBATE



RONIN-M

3-Axis Handheld Gimbal Stabilizer

- Supports Cameras up to 8 Pounds
- Precision of Control: 30.02°
- Transmitter for Remote Pan/Tilt Control
- Tool-Less Balance Adjustment System
- Silent Mode For Quiet Operation

\$1399⁹⁹ **NO TAX!**



Wi-Fi

FUJIFILM

INSTAX MINI Instant Color Film (20 Shots)

- Credit Card-Sized Prints
- Daylight-Balanced Film
- Glossy Surface Type

SAVE \$2.04

FUJIFILM

INSTAX MINI 8 Instant Film Camera

- Produces Credit Card-Sized Prints
- Fujinon 60mm f/12.7 Lens
- Auto Exposure with Manual Switching
- Built-In Flash
- AA Battery Power

AVAILABLE IN 7 COLORS

\$14⁹⁵ NO TAX!

\$16.99 - \$2.04 INSTANT SAVINGS

\$69⁹⁹ NO TAX!

IMPOSSIBLE

INSTANT FILM STARTER PACK (3-Pack, 24 Exposures)

- For Polaroid 600 Cameras
- Three 8-Exposure Packs of Film
- Shooting Tips in Each Pack
- Color Film, White Frames
- Glossy Surface Type

IMPOSSIBLE

BLACK FLASH 600 Camera

- Built-in flash, fixed focus, & electronic shutter
- Electronic shutter with automatic speed
- Integral auto flash with flash override
- 2 packs of PX 600 Color film

\$62⁰⁰ NO TAX!

\$139⁹⁹ NO TAX!



Samy's Camera

WWW.SAMYS.COM






SAMY'S MAIL ORDER:
(800) 321-4726

SAMY'S CORPORATE SALES:
(866) 726-9463

SANTA BARBARA

(805) 963-7269

530 STATE STREET

MON - FRI 9AM - 6PM

SAT 9:30AM - 6PM
(RENTAL & FILM DEPT 9:30AM - 3PM)

SUN 11AM - 5PM

NEW LOCATION



CASH PAID FOR USED EQUIPMENT!

TRADE-IN YOUR OLD EQUIPMENT FOR CASH OR STORE CREDIT!

NO INTEREST IF PAID IN FULL WITHIN 6 OR 12 MONTHS* 6 Months* on purchases of any amount. 12 Months* on purchases of \$499 or more with your Sam's Camera credit card made between October 29, 2015 to November 4, 2015. Interest will be charged to your account from the purchase date if the promotional purchase is not paid in full within 6 or 12 Months or if you make a late payment. Minimum Monthly Payments Required. *Subject to credit approval.

PRICES GOOD THROUGH NOVEMBER 4, 2015 EXCEPT WHERE INDICATED. Not responsible for typographical errors. Limited to stock on hand. First come, first served. No rainchecks and no holds. Prices subject to change without notice. Colors of some cameras vary by location. Samy's pays Sales Tax on select items. Mail Order, samys.com and all Used, Demo or Refurbished purchases are excluded from the "No Sales Tax" Promotion. *\$250 trade-in is only on A7S body. Trade-in must be a working interchangeable lens camera and/or lens. Trade-ins are on a one-to-one basis.